CHRISTMAS CHEER
IN THE LOUNGE
JOHNNY FARINA
216 Elgin Street • 613-565-5155



The world's largest global newspaper

metro

OTTAWA • THURSDAY, DECEMBER 11, 2008 metronews.ca

**Holiday Guide**

**Snappy gift ideas for shutterbugs**
pg 18

# Strike provokes anger

## City hall decides not to seek declaring OC Transpo an essential service


TIM WIECLAWSKI
tim.wieclawski@metronews.ca

TIM WIECLAWSKI/METRO OTTAWA

Ottawa police officers were called in to direct traffic that snarled downtown due to the heavy snowfall and worsened by transit employees picketing in front of city buildings. More coverage, pgs. 3 and 4.

**There was little sympathy for OC Transpo employees walking the picket lines on the first day of the transit strike.**

During the evening rush hour yesterday, one University of Ottawa student shouted at picketers in front of city hall that she wanted to be reimbursed for the $50 cab fare she was forced to pay to go write a final.

Around the corner, in front of the Elgin Street entrance to the parking garage, another woman called them "idiots," accusing picketers of making her late to pick up her daughter up from daycare.

"We get that all day," said picket captain Norm McDuff. "That's just another one."

There was some support for the union, however.

UOttawa grad Mathieu Brule joined the transit employees last night.

"I've never had a complaint to make against bus drivers," he said. "I've gotten home and to and from work safely for the last 10 years. This is the least I could do to show support for them."

Inside city hall, council briefly considered a motion to ask the federal government to declare transit services essential and force transit employees back to work. After receiving legal advice, the motion was removed because no other councillor would second it.

Mayor Larry O'Brien said it was not the right time to take those measures, and said the city's offer needs to be properly communicated to the members.

"This is about managing properly to improve the services to citizens to ensure we run an efficient system," he said. "We are the only transit system in North America, in Europe or in Australia that lets the union control the scheduling. That's unacceptable."

O'Brien said a different system would help OC Transpo reduce the number of deadheading runs and save the city up to $4 million. He said drivers would still be able to choose their shifts and routes based on seniority.

McDuff said transit employees had a unique scheduling arrangement, which was why they were fighting to keep it.

"This is as close as we can get to a normal life," he said. "People work around the clock 365 days a year. It's unfortunate that nobody understands that."

ShareYourViews
ottawaletters@metronews.ca

# Mayor 'disgusted' at council's tactics


TIM WIECLAWSKI
tim.wieclawski@metronews.ca


**BUDGET** Another rapidly passed omnibus motion finalized the city's capital budget with no debate over the individual items, a move that Mayor Larry O'Brien said he was "disgusted" with.

The motion brought forward by College Coun. Rick Chiarelli contained 11 reductions ($5.7 million less for the purchase of environmentally sensitive land), cuts, additions ($2.9 million to build the Old Ottawa South Community Centre) and expansions to city projects.

Immediately after Chiarelli had introduced the motion, Somerset Coun. Diane Holmes moved to put it to a vote without any debate.

"So much for democracy," O'Brien said in response.

He was immediately rebuked by Rideau-Vanier Coun. Georges Bedard, who shouted, "This is democracy!"

The motion passed 17-6.

Earlier this week, a similar story unfolded when an omnibus motion abbreviated deliberations on the operations budget and set the property-tax increase at 4.9 per cent.

O'Brien said he could not support either the capital or operations budget.

"This left us in a very bad position for next year," he said.

"They took all the easy cuts and we didn't have the necessary debate for the things that are important to make sure that we have a sustainable budget going forward."

Having completed the 2009 budget, O'Brien said he was looking forward to developing a budget process to ensure that such a "travesty for our citizens will never happen again."

## Chaudiere Bridge out 4-6 months

**REPAIRS** It could be at least four to six months before traffic returns to normal at the Chaudiere Bridge crossing.

More detailed analyses of the bridge will be conducted over the next four to six months to reconfirm whether the bridge can be reopened, said Pierre Vaillancourt, the regional director of Public Works and Government Services Canada yesterday.

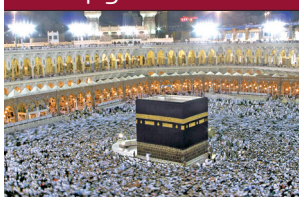
"At this point, we are not anticipating any other closures of the bridge," he said.

The bridge — which is one of several downtown bridges linking Ottawa and Gatineau — abruptly shut down Dec. 3 after public works discovered deterioration of the masonry arches during a routine maintenance inspection.

Yesterday morning, public works reopened one lane on the bridge in each direction, but with a speed limit of 40 km/h and restricted truck traffic.

Vaillancourt said they are attempting to determine whether it is feasible to repair the bridge or if they have to build a completely new bridge. METRO OTTAWA

**Food** pg 26



Honouring the Feast of Sacrifice

**Canada** pg 6

**Ignatieff set to lead Grits**

LIVE LIFE IN HD™

ROGERS™

1. Regular monthly rates apply after promotional period has ended. ™Trademarks of Rogers Communications Inc. used under license. © 2008 Rogers Cable.



Free Daily News Group Inc., operating as Metro Ottawa 130 Slater Street, Suite 300, Ottawa, Ontario K1P 6E2. Publisher: Bill McDonald

# 12 days of Christmas incredible scents

As you get ready to take on the holidays in style and gather special gifts for those on your list, Murale™ is your beauty destination.

Let our **Beauty Masters** help you find a thoughtful gift, or your signature scent, among a fabulous selection of fragrances.

## Come into Murale and spend $100 or more on any of these fragrance brands and receive 15,000 Optimum Points. That's up to $25 in savings on your next purchase.

Estée Lauder • Jean Paul Gauthier • Chloé
Lancôme • Burberry • Givenchy • Clinique
Ralph Lauren • Emporio Armani • Cartier
Prada • Gucci

## VISIT US IN PLACE D'ORLÉANS

*Offer valid on the purchase total of eligible products using a valid Shoppers Optimum Card® after discounts and redemptions and before taxes. For a complete list of products, see cosmetician for details. Offer valid Monday, December 8 to Friday, December 19, 2008. ™ 911979 Alberta Ltd., used under license.

**Dr. Vera Etches approved as Ottawa's associate medical officer of health**
Etches will be responsible for managing, planning, developing and evaluating public health programs, as well as assessing community needs and advising on health promotion and emergency-preparedness initiatives. She begins her new position Feb. 2. METRO OTTAWA

# Ottawa

## Makeshift lots offer help

**The City of Gatineau is offering some relief to Ottawa commuters left stranded for a place to park during the OC Transpo strike. As of yesterday, two temporary parking lots, located south of the Robert Guertin Centre and the former Hull mini-golf on Montcalm Street and Highway 50, will accommodate a total of 460 cars for $7 per car, per day.** METRO OTTAWA

## Snow budget buried in debt

**CITY HALL** The latest dump of snow is expected to bury the city's snow-removal budget another $3 million to $5 million into deficit.

Last winter's near-record snowfall put the city's snow removal budget $18 million in deficit.

Freezing rain and heavy snowfall beginning early yesterday morning meant many people woke to unplowed residential streets and sidewalks, because the city's snow-clearing priorities were shifted to main roadways and sidewalks in anticipation of a busier-than-normal morning commute.

Surface operations director John Manconi said residential streets should have been completed last night and the city will start "aggressive snow removal" in the downtown core today.

Phil Landry, city manager of traffic and safety services, said the normal morning rush period ends between 9:30 a.m. and 10 a.m.

"I don't think we had the big surge," he said. "With the snow, people are still trying to adjust. We expect a lot more traffic (today)."

TIM WIECLAWSKI/METRO OTTAWA

# Strike causing travel chaos

TRACEY TONG
tracey.tong@metronews.ca

**It usually takes Greg Belmore half an hour to drive from his home in Orleans to work in the city's west end.**

But yesterday — the first day of the city's transit strike — Belmore found himself in bumper-to-bumper traffic as people sought alternative ways to get to work. An hour later, he'd travelled little more than a kilometre.

"I decided I'd had enough, got off the highway and came home," he said.

While he took yesterday as a holiday, today he plans to leave much earlier.

The prediction that the strike — which went into effect at 12:01 a.m. yesterday — would put 20 per cent more vehicles on the road was correct, said Ontario Provincial Police Sgt. Lynn Killen.

"There was a lot of volume, a lot of traffic," she said.

Belmore was proof you didn't have to be a transit user to be affected by the strike, but thousands of riders were left to their own devices — catching rides, carpooling and even braving the weather to walk.

Jay Forester spent two hours walking from Nepean to the downtown core to visit his sister.

> **"I decided I'd had enough, got off the highway and came home."**
> Greg Belmore

And La Cite collegiale student Chelsie Aug, 19, usually depends on buses to get around.

But with the strike, she has to arrange rides to get to school.

"It's really frustrating," she said.

Because universities here aren't postponing exams, Carleton University administration and the Carleton University Students' Association organized shuttle buses for students to get to their exams, said CUSA executive Erik Halliwell.

So far, the yellow school buses, which run along four routes for the duration of the strike, have been popular options for the students.

"I think a fair number of people have been taking them," he said.

"The strike has been an inconvenience for students, so we're trying to alleviate that if we can."

Students at the University of Ottawa and Algonquin College also have access to shuttle buses and carpool sites.

Brad Hector managed to find the gold nugget in the transit debacle.

Hector, who usually takes the bus to work downtown, caught a ride with a neighbour who also works in the area.

Although he has to walk a short distance and go to work earlier and leave later to accommodate his friend's schedule, he admitted it wasn't all bad.

"Everybody drove at a comfortable, slow pace. What I did not expect was the quiet and calm of the downtown core," he said, referring to the lack of noise usually made by buses.

# Write for Rights marks 60th anniversary of rights declaration

TRACEY TONG
tracey.tong@metronews.ca

They may live continents away, but hundreds of Ottawa residents still made a difference in the lives of political prisoners around the world yesterday.

Hundreds of people wrote letters protesting the violation of human rights in the Write for Rights event at the Amnesty International headquarters to mark the 60th anniversary of the Universal Declaration of Human Rights.

The event, which took place at thousands of sites around the world yesterday, "will generate tens of thousands of letters to be delivered to respective governments responsible for the human-rights abuses, or who, in some cases, are not doing anything to prevent them," said Write for Rights volunteer Kelsey Wagner.

Cases include a Chinese dissident speaking for HIV/AIDS and environmental issues who is under house arrest, and an indigenous leader from Colombia who was abducted in 2001.

> **"Sometimes, it's hard to relate to what people are going through because we're so privileged here in Canada. That's why letter writing is so good — it gets you in touch with what people may be experiencing when they are deprived of their human rights."**
> Phil Holdsworth

But while people here may not have any connection with the countries or the people, it's still important to speak out, said Wagner.

"Sometimes, it's hard to relate to what people are going through because we're so privileged here in Canada," said Amnesty International volunteer Phil Holdsworth.

"That's why letter writing is so good — it gets you in touch with what people may be experiencing when they are deprived of their human rights."

Volunteer Dave Abbey has been writing letters for 25 years.

"It's important to write letters to help end human-rights abuse and promote human rights," he said.

And the gesture does make a difference, said Wagner.

"These letters will get movement on these cases," he said. "This campaign has contributed to the release of political prisoners in the past."

ShareYourViews
ottawaletters@metronews.ca

TRACEY TONG/METRO OTTAWA

Amnesty International Write For Rights volunteer Kelsey Wagner, right, helps Tatiana Nemchin of Ottawa compose a letter yesterday. The event marked the 60th anniversary of the Universal Declaration of Human Rights.

metronews.ca
What's online today.

**Read** Economists claim a one-third GST cut could boost the economy at **metronews.ca/canada.**

**Read** Barack Obama plans to deliver a speech in a Muslim capital at **metronews.ca/world.**

**Lotteries**

**Lotto 6/49:** 6, 12, 18, 27, 42 & 43 Bonus 7
**Ontario 49:** 6, 8, 11, 12, 30 & 32 Bonus 46
**Ontario Pick 3:** 8 9 8; **Ontario Pick 4** : 7 4 4 9
**Encore:** 8057934
**Daily Keno:** 7, 10, 13, 14, 15, 19, 22, 30, 32, 33 34, 38, 43, 46, 48, 49, 53, 64, 67, 68
These results are not official.

**Anti-tobacco youth group hosts showcase tonight**

Ottawa Public Health's Exposé smoke-free youth program will showcase 30 banners as part of the Global Battle Against Tobacco this evening. Students made the banners, on display at 100 Constellation Cres., to ask global governments to take action against the tobacco industry. **METRO OTTAWA**

# Contraband cigarettes on the rise among youth

**TRACEY TONG**
tracey.tong@metronews.ca

Ottawa teens are increasingly able to purchase contraband cigarettes, a spokesman for the National Coalition Against Contraband Tobacco said yesterday.

"It's a growing problem year over year," said spokesman John Perenack.

A study that collected and analyzed cigarette butts from high schools across Ontario found that 23 per cent of the butts collected from 10 Ottawa schools are contraband, said Perenack.

As for eastern Ontario, "this is something (police) are dealing with on a regular basis," said Perenack.

He added that about 90 per cent of the cigarettes are coming through the nearby Akwesasne reserve.

Members of the public, health officials, law enforcement agencies including the RCMP and Crime Stoppers, youth workers, educators and local retailers gathered to tackle the issue at a meeting last night.

"They want to discuss the problem," said Perenack of the groups.

The problem with contraband cigarettes, he said, is that there's no age verification.

"The whole point of government taxation on cigarettes is that it keeps it out of reach of kids," he said. "Hopefully, we can get more clarity on what the next step should be."

The meeting is one of six being held across Ontario.

# Strike puts brakes on volunteer activities

**TRACEY TONG**
tracey.tong@metronews.ca

**While the transit strike has left riders scrambling to find new ways to get to work, area charities also expect to be impacted by the lack of buses.**

In addition to worries over the impact of the recession on charitable giving, the Salvation Army now has to factor in the effect of the strike on its Christmas kettle campaign.

Currently underway in shopping malls and stores throughout Ottawa, the campaign depends on hundreds of volunteers who may use public transit to reach their posts.

"We have begun to receive calls from volunteers indicating that without transportation, they will be unable to fulfill their shift," said spokesman Michael Maidment. "We are working hard to identify ways to lessen the impact of the transit strike on our campaign."

The organization's toy distribution to needy families will also be affected.

"Families will be forced to find alternative transportation to the toy distribution centre to pick up toys for their children," said Maidment.

The strike has also had an impact on life at the Ottawa Mission.

"Half of our volunteers didn't make it in today," the shelter's executive director Diane Morrison said yesterday.

"Two-thirds of our volunteers, according to the volunteer co-ordinator, rely on transit to get here. We also don't have parking, so that's how we recommend they come. Also, some residents at the shelter may get a part-time job and need transit to get there… it does have quite an impact on our lives."

The Salvation Army is now looking for volunteers who have their own transportation to staff one the 45 kettle locations throughout the city.

## Donate online

- The Salvation Army has also launched a new website aimed at making up for any shortfall in donations caused by the expected lack of volunteers. Check out salvationarmy.ca/ottawa kettles.

PONTIAC

# MORE HUSTLE LESS GUZZLE

## MORE JOURNEY LESS DESTINATION

## LIVE BIG. DRIVE SMALL.

AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA

**Best new small car over $18,000**

GT model shown, MSRP $25,265

## 2009 PONTIAC VIBE

**STARTING FROM** **$15,765*** **INCL. $500 HOLIDAY CASH BONUS[1]**

**FINANCING** **0%** **FOR 60 MONTHS[‡]**

46 MPG

- Pontiac Vibe achieved a top 3 finish in the canadiandriver.com 50 litre Challenge for fuel efficiency • **OnStar® with 1-Year of the Safe and Sound Plan[¥]** • **5-Year/160,000 km GM Powertrain Component Limited Warranty with $0 Deductible[▲]** • Stabilitrak™ Electronic Stability Control System with Traction Control • 16-in. Wheels • 60/40 Split-Folding Rear Seats • 4-Wheel Disc Brakes with 4-Wheel Anti-Lock Braking System (ABS)

As shown, MSRP $14,710

## 2009 PONTIAC G3 WAVE 5-DOOR

50 MPG

**CASH PURCHASE PRICE** **$9,995[◆]**

**Dealer order may be required.**

- Peppy 1.6L 106 hp ECOTEC Engine • Tilt Adjustable Steering Column • Drivers' Seat Height and Lumbar Adjusters • 60/40 Split-Folding Rear Seat • CD Player with MP3 Playback • Audio Input Jack for your iPod® or MP3 Digital Music Player

## 2009 PONTIAC G5 SE

**OWN IT** **$125** **BI-WEEKLY/60 MONTHS** **$2,950 DOWN PAYMENT** **FREIGHT AND TAXES NOT INCLUDED** **INCL. $500 HOLIDAY CASH BONUS[1]**

**FINANCING** **0%** **FOR 60 MONTHS[‡]**

**EFFECTIVE RATE** **2.12%**

48 MPG

GT model shown, MSRP $22,685

- Available in Coupe or Sedan • 2.2L 155 hp ECOTEC Engine • Rear Spoiler • CD Player • Audio Input Jack for your iPod® or MP3 Digital Music Player

**PLUS ALL THESE ADDITIONAL FEATURES** • 4-Speed Automatic Transmission • Air Conditioning • Remote Keyless Entry • 4-Wheel ABS Brakes • 16-in. Wheels • Power Mirrors, Locks and Windows

PONTIAC BUICK GMC

**PONTIAC.GM.CA**

GM Canada

THE BEST COVERAGE IN CANADA

**5 YEARS** **160,000 KM[▲]**

- POWERTRAIN COMPONENT LIMITED WARRANTY
- ROADSIDE ASSISTANCE
- COURTESY TRANSPORTATION

▲WHICHEVER COMES FIRST. EXCLUDES MEDIUM-DUTY TRUCKS. SEE DEALER FOR LIMITED WARRANTY DETAILS.

STUDENT BONUS.ca GM pays the first **2** monthly payments[▽]

TD GM Card VISA

Redeem your GM Card earnings today.[†]

**For the latest information, visit us at gm.ca, call 1-800-GMDRIVE or visit your local Pontiac Buick GMC dealer.** [1]$500 and other holiday cash bonus amounts are a manufacturer to dealer delivery credit (tax exclusive) available on select 2008/2009 vehicles. *Offer applies to the purchase of 2009 Pontiac Vibe 1SM. ◆Offer applies to the cash purchase of 2009 Pontiac G3 Wave 5-door 1SM. Cash purchase price reflects discounts or other incentives that are only available when consumers opt for cash purchase offers. By selecting lease or finance offers consumers are foregoing such credit which will result in a higher effective interest rate. ‡Purchase financing available for 60 months available on 2009 Pontiac (Vibe 1SM/G5 SE Coupe or Sedan 1SR). Financing available on approved GMAC credit only. Down payment and/or trade may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example: $10,000 at 0%/2.12% for 60/60 months, the monthly payment is $166.67/$175.80. Cost of borrowing is $0/$548, total obligation is $10,000/$10,548. Freight and taxes not included for bi-weekly payment. Bi-weekly payment for G5 SE Coupe or Sedan 1SR based on a purchase price of $19,215 with $2,950 down payment. *◆‡Freight ($1,290/$1,225/$1,225), license, insurance, registration, PPSA, administration fees and taxes are not included. Offers apply as indicated to the purchase of 2009 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Pontiac Buick GMC Dealer Marketing Association area only (including Outaouais and excluding Northwestern Ontario). Dealer order or trade may be required. Dealers are free to set individual prices. Limited time offer which may not be combined with other offers. See your dealer for conditions and details. †Subject to Vehicle Redemption Allowances. Visit thegmcard.ca for more details including terms and conditions that apply to The GM Card Earnings and Redemption Program. The Toronto-Dominion Bank and its affiliates are not responsible for the GM Card Earnings and Redemption Allowance Program. ®Registered trade-mark of General Motors Corporation/Used under license. TD logo is a trade-mark of The Toronto-Dominion Bank. ¥@OnStar services require vehicle electrical system (including battery); wireless service and GPS satellite signals to be available and operating for features to function properly. Subscription Service Agreement required. Call 1-888-4ONSTAR (1-888-466-7827) or visit onstar.ca for OnStar's Terms and Conditions, Privacy Statement and details and system limitations. △Estimated 2009 ratings, based on GM Testing in accordance with approved Transport Canada test methods. Your actual fuel consumption may vary. ▽GMCL will pay the first two months' GMAC finance payments for finance terms up to 60 months only, paid up to a maximum monthly finance payment of $400 (tax included). Offer applicable to equal monthly payment finance agreements with GMAC and subject to GMAC credit approval. License, insurance, registration and administration fees not included and may be payable upon signing. Program not available to recipients of any previous GM student/graduate offer. Visit gmstudentbonus.ca for more details. iPod® is a registered trademark of Apple Inc.

**Auto plans must go public: McGuinty**

Canada's struggling automakers must come clean on plans to cut jobs if they hope to win support for the $6 billion in aid they're seeking, says Ontario Premier Dalton McGuinty. General Motors, Ford and Chrysler submitted plans last Friday, but have yet to publicly reveal plans for their Ontario factories. **TORSTAR NEWS SERVICE**

# Canada

## TSB urges balloon regulations

**The Transportation Safety Board released its final report yesterday into a hot-air balloon crash near Winnipeg in 2007. The TSB noted that regulations of hot-air balloons fall far short of those for other commercial aircraft and urged safety regulations for the ballooning industry, including the requirement of a simple fuel shut-off system that could be quickly used during emergencies.** **CBC NEWS ONLINE**

## **News** in brief

**DONATIONS** The Salvation Army, hoping to boost donations, is offering a modern alternative to stuffing crumpled bills in a kettle — donating on the street with one swipe of a debit or credit card. The two wireless debit machines are being rotated through downtown Toronto as a test this year. The organization said if the test proves to be successful, the program will be expanded in the future.

**ONTARIO** After years of horror stories concerning unregulated cosmetic-surgery clinics, new inspection powers will be given to the provincial medical watchdog and other regulated health colleges. Health Minister David Caplan proposed legislation yesterday empowering regulatory bodies like the College of Physicians and Surgeons to inspect clinics where high-risk procedures are performed. **METRO NEWS SERVICES**

A NEW SALE EVERY DAY!
VISIT **WWW.THEBAY.COM/TODAY** TO SEE EACH DAY'S OFFER

**TODAY ONLY!**
**THURSDAY, DEC. 11TH**

**RECEIVE 20x HBC REWARDS CREDIT POINTS***

When you make a **COSMETICS** or **FRAGRANCE** purchase
using your Hbc† MasterCard® or Hbc Credit Card of $50 or more (before taxes).

**OR**

Receive **10X HBC REWARDS BASE POINTS**** when you make a **COSMETICS** or **FRAGRANCE** purchase of $50 or more (before taxes).

*Total Credit points = 20 x (dollar amount x 50). Credit points will be earned in the usual amount, i.e. 50 points per dollar. In other words, you will receive 1050 points per dollar spent.
**Total Base points = 10 x (dollar amount x 50). In other words, you will receive 500 points for every dollar spent.
This offer cannot be combined with any other bonus offer. If you refund the purchase(s) made in connection with this offer, points will be reduced by the bonus amount, using the same formula. Terms and conditions of the Hbc Rewards program found online at www.hbc.com/rewards apply to this offer.
Selection will vary by store. Savings are off our regular prices, unless otherwise specified. See in-store for details.
† Registered trademark of Hudson's Bay Company. ® Registered trademark of MasterCard International Incorporated. Used pursuant to license.

the Bay
WWW.THEBAY.COM

CHRIS WATTIE/REUTERS

Interim Liberal Leader Michael Ignatieff speaks during a news conference in Ottawa yesterday. The Liberals named Ignatieff, a formidable campaigner they hope will reverse the once-mighty party's decline, as their new leader in a caucus meeting yesterday.

# Iggy takes the reins

## Confirmed as Liberal leader

**The Hallmark moment in the Liberal caucus came when Michael Ignatieff and Bob Rae embraced.**

It was a deliberate signal from the Toronto MPs that their political rivalry — alive and well just days ago — had been set aside as caucus crowned Ignatieff the interim, and almost certainly permanent, leader.

"It was really tough to keep a dry eye. It was a moment," said Liberal MP Martha Hall Findlay.

Rae and New Brunswick MP Dominic LeBlanc, a leadership contender who dropped out of the race Monday and threw his support to Ignatieff, made the formal recommendation in caucus to have him become the leader.

Liberal Party of Canada president Doug Ferguson said there was a sense of relief in the room as the leadership race came to a quick and quiet end.

For Liberal MPs, settling the leadership question meant "unity (and) the ability to focus on the two things that are important right now — the economic crisis and a prime minister who has lost of the confidence of the House of Commons," Hall Findlay said.

**TORSTAR NEWS SERVICE**

### Dion

- Party officials said it's likely there will be a movement to help former Liberal leader Stéphane Dion retire his outstanding debts.

## Canada last in child care: UNICEF

**REPORT** Canada ranks last in the first comparison of child-care services in 25 developed countries, according to the United Nations Children's Fund.

The report card, to be released today, shows Canada failed on nine of 10 measures aimed at ensuring kids get the best start in life, including providing subsidized child care for 25 per cent of kids under age three and spending one per cent of GDP on early childhood services.

Canada's poor showing represents a lost opportunity for economic growth at a time of economic uncertainty, suggests the report by UNICEF's Innocenti Research Centre in Florence, Italy.

"Investing in early child care and education is a key strategy to respond to current economic challenges and to promote economic stimulus and recovery," UNICEF Canada said in a statement.

**TORSTAR NEWS SERVICE**

LOCAL
**Marketing Manager**, Ian Clark
**Distribution Manager**, Bernie Horton

NATIONAL
**Group Publisher**, Bill McDonald
**Editor-in-Chief**, Dianne Rinehart

**Art Director**, Laila Hakim
**National Sales Director**, Susan Courtney
**Interactive/Marketing Dir.**, Jodi Brown

# Comment & Views

Comment

## Patience Iggy's virtue

### New Grit leader should pass on coalition and rebuild party

Home&Abroad

**Andrew Cohen**

Canada & world insight

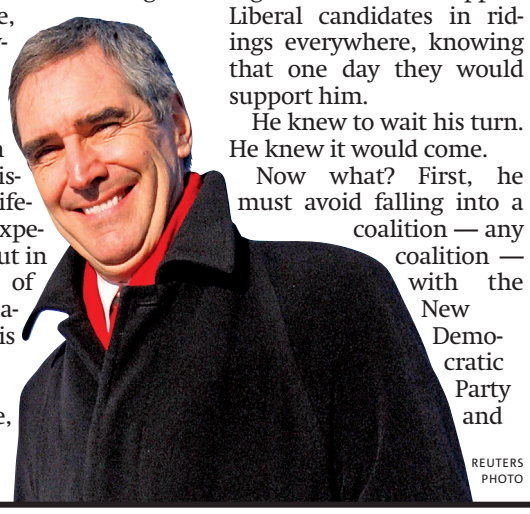
Three years ago, Michael Ignatieff was a political neophyte. Amid much anticipation, he had returned home from Harvard after decades abroad as a journalist, author, professor and broadcaster. As expected, he ran for Parliament and won a seat.

When Paul Martin resigned, Ignatieff ran for the leadership. It was too early for someone who had barely unpacked his bags, and he surely knew it. His campaign foundered and failed.

But today, in one of those strange and wondrous reversals of fortune, Ignatieff finds himself leader of the Opposition. He could be prime minister of Canada within two years, maybe tomorrow.

The man then and now are assuredly different. Ignatieff remains thoughtful, eloquent and telegenic, which helped make him an influential public intellectual in London and Boston.

Now, though, he has learned the bloodsport of politics, which is the critical difference. He has entered the arena. He has paid his dues. He is no longer a dilettante, an arriviste, a poseur.



REUTERS PHOTO

Three years in politics isn't a lifetime of experience. But in the Age of the Amateur, it is certainly respectable, longer than Pierre Trudeau or Brian Mulroney served before they became prime minister (though Trudeau had been justice minister).

What Ignatieff has now, which he didn't have then, is the credibility he earned in Parliament as deputy leader and party loyalist. Over the last three years, he learned to swallow his reservations about the fumbling Stéphane Dion, even as Dion was self-destructing. He knew to support Liberal candidates in ridings everywhere, knowing that one day they would support him.

He knew to wait his turn. He knew it would come.

Now what? First, he must avoid falling into a coalition — any coalition — with the New Democratic Party and the Bloc Québécois. It would be unsustainable, unpredictable and, for the Liberals, unprofitable.

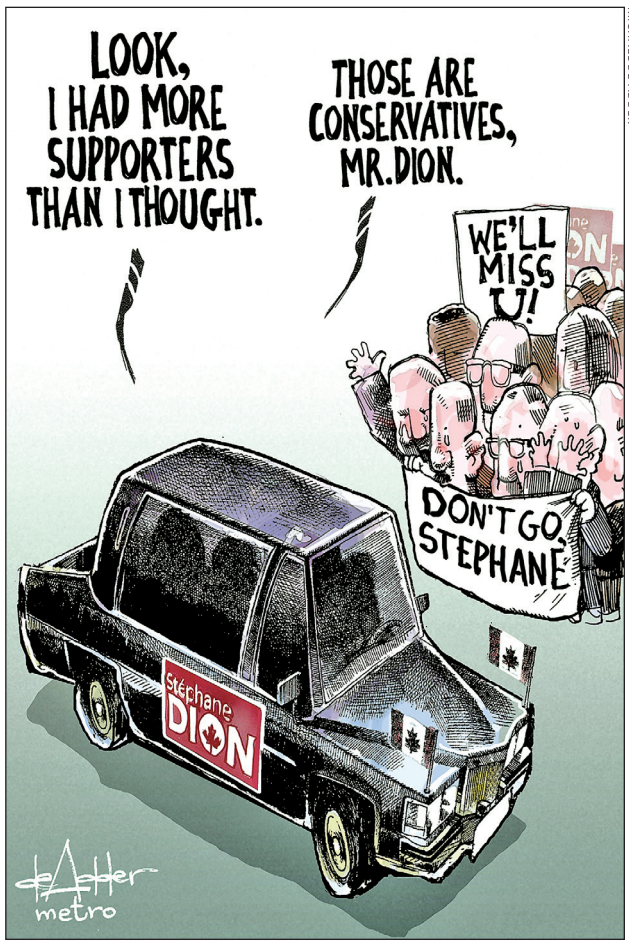
Second, he must renew the Liberal party. This means developing new ideas through a policy conference like the Liberals held at Kingston in 1960, positioning today's party in the centre-left, not the left, as a coalition would. It means finding ways to raise money, for example learning from Barack Obama's pioneering use of the Internet.

It means reorganizing the party structure. It means recruiting candidates, especially in Quebec and the West.

All this will take time. A wise leader will understand this. As Michael Ignatieff waited for the leadership, he will wait for power.

In politics, the foremost lesson is patience.

Andrew Cohen, a professor and journalist, is the author of Extraordinary Canadians: Lester B. Pearson.




MICHAEL DE ADDER

Views

## State of Canadian economy rests on Obama

MoneyMatters

**Charles Davies**

Veteran Business Writer

When it comes to fixing the economy, we had all better hope our next leader gets it right. And when I say leader, I'm not talking about any of the delusional adolescents playing out the ongoing political farce in Ottawa. I mean Barack Obama, Canada's de facto economic caregiver-in-chief.

The hard reality for Canadians is that our well-being is reliant on the state of the U.S. economy. When your neighbour to the south takes three-quarters of your exports and supplies two-thirds of your imports, you know you have a dependency issue. Add in the fact that Americans are the biggest foreign investors in Canada, and that we are their largest single supplier of oil and gas, and there's one truth that we can all hold to be self-evident: If Uncle Sam goes down for the count, we're going to get squashed.

He's already tottering. The U.S. lost more than half a million jobs in December, bringing the year's total to more than two million pink slips. Consumer spending is shrivelling, as is business investment in inventory, plant and equipment. And let's not forget the sub-prime mortgage crisis and its potential to worsen as jobs continue to evaporate.

Although he doesn't officially become president until Jan. 20, Obama is already articulating elements of the economic rescue package he plans to take to Congress. Along with business and individual tax cuts, he's looking at raising unemployment compensation, adding to food stamps, providing federal aid to state and local governments and embarking on the largest public works program since the New Deal. Obama is not just promoting road and bridge building. He also wants to invest in things like broadband Internet access and smart electric grids, the kinds of infrastructure investments that would boost U.S. competitiveness once economic growth resumes.

The cost? Who knows, but it could easily surpass the $700 billion US already allocated to bail out the financial system, not to mention the $14 billion US in government subsidized loans approved for U.S. automakers.

Will it work? Nobody knows that either, but it's at least clear that massive government aid is coming because, after all, the U.S. economy is too big to fail.

President Obama will very likely give Americans — and Canadians — a New Year's gift by presenting an aid package to Congress the very week of his inauguration. That would be before Canada's Parliament even reconvenes to consider Sideshow Jim Flaherty's next budget.

Charles Davies is a veteran business writer and editor who has worked for news organizations and publications including Business Week, Canadian Business, Report On Business magazine, Reuters and Financial Post.

## Letters

**High oil prices not needed for innovation**

RE: letter "It's up to consumers to adapt to changing oil prices" (Dec. 8).

The fact oil prices are coming down after spiking so dramatically has not stopped innovation from occurring. The fall of oil and gas prices has been a welcome reward to many, including the farmers and ranchers of Canada, who have been beaten up by the peak in oil prices without receiving any reward in increased commodity prices. Also, when prices are high, it does not force oil companies to be innovative.

The threat of another upward spike is enough to scare most people into being more aware.

CLAY CREASY, BROWNSFIELD, ALTA

**Contraception and consent**

RE: "Teens need sex education" (Dec. 9).

Josey Vogels promotes the British contraception plan of offering contraception injections for 13-year-olds without parental consent by comparing it to seatbelts. Parents would be aware if their child was charged with not wearing their seatbelt, but under this plan they can be prescribed medication that alters their blood chemical and hormonal balance without parental consent.

What 13-year-old really has the wisdom to consider the pros and cons of artificial hormone therapy?

Parents at the very least should have a say in their daughters' medical care.

JAI REID, PICKERING

**The Queen deserves respect**

Re: "Let's retire the Queen" (Dec. 10)

Mr. Sullivan should read up on some Canadian and world history before he calls the Queen of Canada a lawn ornament, or absurd.

How pathetic and shameful. He speaks of preserving our parliamentary democracy. Well, Britain and the monarchy were instrumental with that. Give respect where it is deserved. Maybe you, Mr. Sullivan should be an ornament in Her Majesty's office to see how much she really does and how much she cares for all the citizens in her Commonwealth — even you.

STEVEN KRELLER, VANCOUVER

It's your turn to tell others what you think. E-mail your thoughts and opinions to: ottawaletters@metronews.ca
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

**METRO** Ottawa 130 Slater Street, Suite 300, Ottawa, ON K1P 6E2; Tel: 613-236-5058 • 1-888-916-3876; Fax: 1-866-253-2024; Advertising: 613-236-5058 • adinfoottawa@metronews.ca; ottawa_distribution@metronews.ca

YOUR NUMBER ONE WATCH STOP:
CANADA'S BEST SELECTION OF WATCHES IS AT THE BAY

FOSSIL®

ANNE KLEIN
ARMANI
ARMANI EXCHANGE
BETSEY JOHNSON
BUFFALO
CALVIN KLEIN
DIESEL
DKNY
ESQUIRE
EXPEDITION
GUESS
HUGO BOSS
IRONMAN
KENNETH COLE
LACOSTE
MARC ECKO
MICHAEL KORS
MOVADO
NAUTICA
NIKE
PHILIPPE STARCK
PUMA
ROOTS
SKAGEN
SWATCH
TOMMY HILFIGER
AND MORE...

Available until Dec. 18th 2008.

the Bay
WWW.THEBAY.COM

8

**Study on rats shows sugar addictive**
A study of rats offers scientific proof for what many dieters already know: Sugar can be addictive. REUTERS

# World

## Obama urges Illinois governor to step down

**President-elect Barack Obama called on Illinois Gov. Rod Blagojevich to resign yesterday after he was charged with trying to sell Obama's Senate seat and swap favours for money.**

Obama spokesman Robert Gibbs said Blagojevich needed to step down because "under the current circumstances, it is difficult for the governor to effectively do his job and serve the people of Illinois."

There have been movements in Obama's home state of Illinois to strip Blagojevich of the power to make the appointment he allegedly tried to barter, either by driving him from office through legal means or letting voters fill the Senate seat with a special election.

Obama, who takes office Jan. 20, resigned from the Senate after winning the Nov. 4 presidential election.

Blagojevich showed no sign of stepping down after he was arrested at home before dawn Tuesday and then released on his own recognizance without having to post bail.

His office said Bob Greenlee, one of three deputy governors serving in appointed positions, had resigned. No reason was given.

Obama, who earlier called the charges against the two-term governor sobering and sad, has had a cool relationship with the fellow Democrat — who has been under investigation on other issues for years. REUTERS

## Prince Harry **Trading for charity**

KIRSTY WIGGLESWORTH/REUTERS

Britain's Prince Harry closes a 250-million-euro deal with broker Amanda Hartnell at the offices of city traders ICAP in London yesterday. Prince Harry was attending the 16th annual ICAP Charity Day, where all global revenues from ICAP trading are donated to 100 charities.

## U.S. House passes $14B auto bailout

**CRISIS** The U.S. House approved a Democrat-proposed bill yesterday to lend up to $14 billion to the three struggling U.S. automakers, General Motors Corp, Ford Motor Co and Chrysler LLC.

The proposal would extend taxpayer-funded loans or lines of credit to the Detroit Three and create a federal government post of "car czar" to oversee the industry.

Introduced by Democrats, the bill is nearly identical to one pending in the Senate, where Republican opposition was making its chances uncertain. REUTERS

## **News** in brief

**LAWSUIT** Peru has filed a lawsuit against Yale University to recover relics taken nearly a century ago from the ancient Incan capital of Machu Picchu, the American school said yesterday. REUTERS

## Greece hit by 5th day of riots

**VIOLENCE** Riot police clashed with demonstrators for a fifth day and a general strike paralysed Greece yesterday, piling pressure on the beleaguered conservative government.

Prime Minister Costas Karamanlis announced financial support for businesses damaged in the riots that has gripped more than 10 Greek cities.

"Government murderers!" demonstrators shouted, furious at the shooting of a teenager by police on Saturday. The killing ignited unrest fuelled by simmering public anger at political scandals, rising unemployment and poverty.

Karamanlis, clinging to a thin majority, pledged to safeguard people from violence, but did not say how. Government sources denied rumours emergency measures were being considered. No more protests are planned this week but tension remains high. REUTERS

### Opposition appeal

- Greece's socialist opposition leader George Papandreou yesterday appealed for restraint and an end to five days of violence sparked by the police shooting of a teenager.

# THE BAY'S GIFT TO YOU THIS WEEKEND

Friday, Dec. 12th to Sunday, Dec. 14th

## YOUR BEAUTY DESTINATION

# $50 GIFT

Spend $50 or more (before taxes) in cosmetics and fragrances and receive your gift of a

## Bay Beauty VIP Savings Passport

Redeem your Bay Beauty VIP Savings Passport by visiting us in the cosmetics and fragrance department to get

## $10 free* each month in December 2008, January, February, March & April 2009

---

*The Bay Beauty VIP Savings Passport is redeemable only at the Bay for $10 off any cosmetics or fragrance purchase of $50 or more (before taxes) once each month from December 2008 to April 2009.

BEAUTY *at the Bay*

**Oil situation won't get much worse**

Deutsche Bank's chief economist Adam Sieminski predicts oil prices could dip to $30 US a barrel, but that they will rebound to $80 US a barrel in 2011 as the world economy recovers beginning at the end of next year. **REUTERS**

# Business

**DOLLAR** 0.31¢ C$ 79.39¢ US US$ $1.2596

**OIL** $43.52 US $1.45

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

## Consumers raging over high bank rates

**Consumers are starting to speak out against the big six banks and their reluctance to fully match a big interest-rate cut.**

Patrick Novak, a 32-year-old homeowner, started a Facebook group called "Pass on Rate Cuts, Canadian Banks" on Tuesday night, just hours after the chartered banks decided to lower their prime rates by only 50 basis points. The central bank had cut its rate by 75 basis points.

Hundreds have complained to the Consumers' Association of Canada. They're upset that banks are blunting the Bank of Canada's actions at a time when banks are tapping taxpayer-funded programs to bolster their lending capacity, through a mortgage purchase program to $75 billion and a backstop of more than $200 billion in interbank loans at a lower interest rate.

Finance Minister Jim Flaherty's spokesperson said Canada has Canada has "an open, competitive banking system" and the federal government "does not dictate business decisions" to the banks.

**TORSTAR NEWS SERVICE**

### Another rate cut?

- The Bank of Canada may be starting to consider U.S. Fed-like liquidity programs to stimulate the economy. The overnight lending target is heading closer to zero with another rate cut expected in January. **REUTERS**

## Fur **Mild winter, mild sales**

REUTERS/ALEXANDER NATRUSKIN

A woman tries on a fur coat at a fur fair in Moscow yesterday. Russia's fur industry is facing a crisis as a mild winter cuts demand for fur coats. This year total fur sales in Russia — mainly coats — will drop by a half, to around $2.5 billion US.

## Bimbo buys Weston bread unit

**ACQUISITION** Mexico's Bimbo, one of the world's top breadmakers, is buying the U.S. breadmaking unit of George Weston for $2.38 billion US, giving it a chunk of the eastern U.S. market with one of the biggest acquisitions in its history. **REUTERS**

## Nortel planning bankruptcy?

**MARKETS** Nortel Networks Corp. shares fell 20 per cent yesterday after a Wall Street Journal report that North America's biggest telephone equipment maker has sought legal advice on a bankruptcy protection scenario in the event that its restructuring plan fails.

Facing a slowdown in demand and tougher competition, Nortel has also been exploring potential assistance from the Canadian government, the newspaper reported.

A Nortel spokesman told Reuters "no bankruptcy filing is imminent," but added the company has engaged advisers to help it plot out its future. He declined to say whether any of those advisers were bankruptcy experts.

Shares in the Toronto-based company fell 13 cents to 51 cents on the Toronto Stock Exchange and fell 12 cents US to 40 cents US in New York. In mid-2000, they were worth more than $1,100 each, adjusted for a stock consolidation that took place in late 2006. **REUTERS**

## **Business** in brief

**ACTIVISM** Air Canada majority shareholder ACE Aviation Holdings said its shareholders West Face Capital have asked the company to convene a meeting to remove all directors and create a new board.

**MEAT** Canada is challenging a new U.S. rule to apply country-of-origin labels on meat sold in U.S. grocery stores, saying it violates world trade rules and creates an unfair technical trade barrier. **REUTERS**


GRAND OPENING GRAND OPENING GRAND OPENING

20% OFF ALL ACCESSORIES - IN STORE

WIRELESS REVOLUTION

PLANS STARTING AT $15.25/MONTH

$0[2] 3yr term ($349.95 no contract)

HTC Touch™

BELL INTERNET 3 MONTHS FREE[1]

LOWEST PRICES ON BLUETOOTH® HEADSETS!

Bell

$0[2] 3yr term ($249.95 no contract)

LG Rumour™

WE ALSO HAVE:

-MOBILE PHONE REPAIRS
-UNLOCKING
-GSM PHONES
-ACCESSORIES
-BLUETOOTH® HEADSETS

$0[3] 3yr term ($449.95 no contract)

Blackberry® Pearl™ 8130 Smartphone

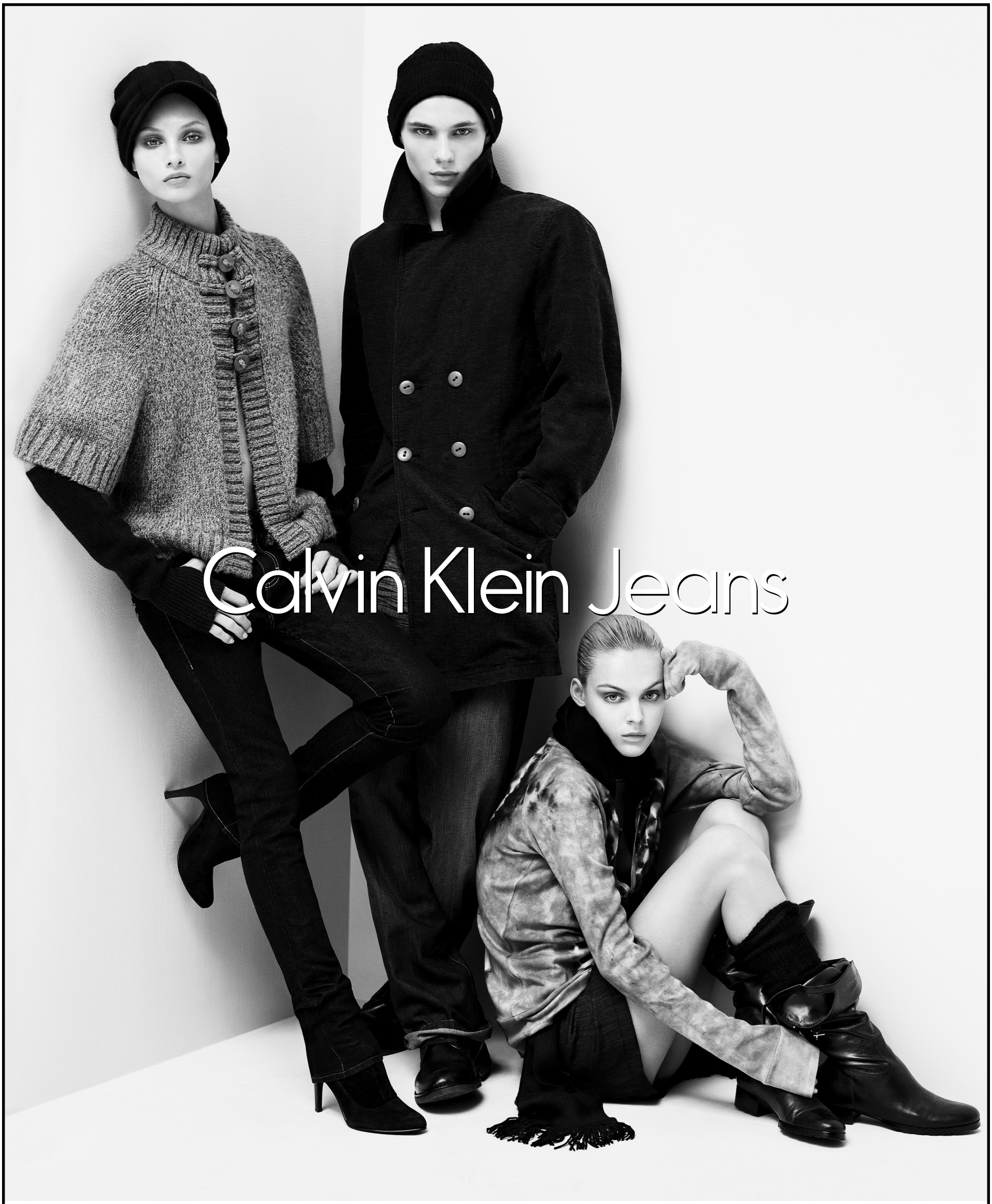
FREE ONLY AT WIRELESS REVOLUTION

BLUETOOTH® HEADSET WITH ANY NEW ACTIVATION

YOUR WIRELESS EXPERIENCE STARTS HERE

[1]Bell Internet: Offer ends December 31st, 2008. Available to residential customers in Ontario where technology permits. $25 fee applies if you cancel the order prior to activation or if you downgrade to a slower-speed service. Modem rental ($2/mo.) included. Subject to change without notice and cannot be combined with other offers. Taxes extra. (1) Offer ends November 6, 2008. Available to new customers and current dial-up customers who subscribe to Bell Internet. The then current rate (subject to change) applies thereafter. Mobility: Offer ends December 24th, 2008. Available with compatible devices within Bell Mobility high speed mobile network coverage areas. Weeknights Mon-Thu, 9pm-7am; Weekends Fri 9pm-Mon 7am. Other monthly fees, i.e., e9-1-1 (75¢), system access (not a government fee; $8.95), and one-time device activation ($35) apply to each member. Long distance and roaming charges (including foreign taxes) may apply outside your local area. Upon early termination, price adjustment charges apply. Subject to change without notice; not combinable with other offers. Taxes extra. Other conditions apply. (2) With new activation on a monthly voice plan (3) With new activation on a 3-yr. term on a monthly voice plan and a data feature with a total min. value of $45/mo Rumour is a trademark of LG Electronics Inc. HTC Touch is a trademark of HTC Corporation in Canada. BlackBerry®, RIM®, Research In Motion®, SureType®, SurePress™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world.

1800 BANK ST 613 723 6363 613 262 8842



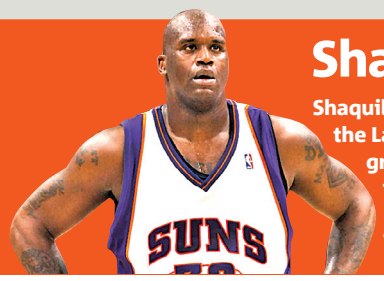

the Bay

WWW.THEBAY.COM

**Spray-paint enforcement**

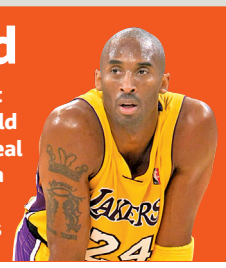
Defenders at penalty kicks will no longer be able to creep closer to the ball in the Argentine soccer league. Using an aerosol spray can to mark the required distance between the ball and opposition players during a penalty kick was approved by the Argentine Football Association yesterday. METRO NEWS SERVICES

# Sports



## Shaq, Kobe reunion delayed

Shaquille O'Neal missed last night's Phoenix Suns game against the Lakers in Los Angeles following the death of his 92-year-old great-grandmother. It would have been the first time O'Neal tipped off against Kobe Bryant since his freestyle rap at a New York nightclub last summer criticized Bryant. The two teams next play Feb. 26. METRO NEWS SERVICES



SPORTS@METRONEWS.CA

## Sens Fight night in Chicago

REUTERS/JOHN GRESS

A fight breaks out between Blackhawks and Senators last night. For a complete game recap, visit metronews.ca/sports.

# Don't buy the Bouwmeester hype

TheHockeyNews

You'll be hearing Jay Bouwmeester's name a lot more over the next three months and if the Senators have their way, you'll be hearing a lot more about him by the time the NHL's trade deadline comes and goes.

Looking for a puck-moving defenceman — who would have thought Ottawa would have ever been in this situation a few years ago — the Senators are one of a number of teams interested in landing what is considered the biggest catch of this year's trade deadline.

Bouwmeester is eligible to become an unrestricted free agent July 1 and it's expected the Florida Panthers will not be able to sign him, so they will deal him to the highest bidder before March 3.

It says here, however, that the worst thing for Bouwmeester would be to be dealt and to sign long-term with a Canadian team.

Even though he doesn't seem to want it, the best thing Bouwmeester could do is continue to play in south Florida where not too many people know about hockey and even fewer people are astute hockey observers.

It has long been this columnist's opinion that Bouwmeester is one of the most overrated players in the game.

Since he was 15 years old, people have marvelled at his skating ability and his skill set, but for a player with such an impressive array of skills, he sure hasn't accomplished very much. He has played on some weak teams to be sure, but in the 10 seasons since he began playing junior hockey, he has played in the playoffs just once and that was with a stacked Chicago Wolves team of the AHL during the lockout.

In 18 playoff games that year, Bouwmeester had a grand total of zero points.

Hockey Canada seems to have this undying love affair with the guy, but he has rarely made a significant impact with any Canadian team in international competition. He doesn't use his size very well, seems far too timid to take control of a game and seems to leave people more often than not bewildered that a player with such supposed impressive credentials could have such little impact on the game.

That may change. After all, Bouwmeester is just 25 years old. But it will be that much harder if he takes his game to a hockey-mad market where fans and media will be dissecting his every move.

That's why he'd be best off playing in an outpost where people don't know or care much about hockey.

For a complete recap of last night's Sens/Blackhawks game, visit us online at metronews.ca/sports.

The Hockey News thn.com

**JOHN D. QUOC CHINESE MEDICINE, Acupuncture & Massage Clinic**

**JOHN. D. Quoc DTCM.**, C.A.c., D.A.c., B.S.c., B.P.h., D.N., D.O.
• Over 30 years clinical experience & research • Disposable Needles •
Dr. of Acupuncture Specialist • Pharmacist • Osteopath • Naturopath • Massotherapist
Former Professor at Saigon Medicine/Pharmacy University, Vietnam

*FREE CONSULTATION*

**RECOMMENDED FOR:**

**Kidney Stones,** Sciatica, Frozen Shoulder, Facial Paralysis, Tennis Elbow, **Fybromyalgia,** Whiplash, Arthritis, Crohn's Disease, Insomnia, Allergic Rhinitis, **Migraine,** Asthma, Hypertension, Diabetes, Gastritis, Chronic Fatigue, **Back Pain,** Stroke, Heart Problems Impotence, Menopausal Syndrome, Depression...etc.

**Vanier Medical Centre 292 Montreal Rd., Vanier**
**613 263 0063 • 613 276-7750**

**Le domaine de la construction vous intéresse ?**

**Le programme Accès aux métiers de la construction pour les immigrants est pour vous ! (PAMCI)**

Plomberie | soudure | maçonnerie | électricité et chauffage | ventilation et climatisation

La Cité collégiale offre aux immigrants un programme adapté, visant à aider les personnes formées à l'étranger dans des métiers de la construction en leur offrant des cours pratiques et théoriques liés à certains métiers spécialisés.

**Hâtez-vous ! Les cours débutent dès janvier 2009.**
**Seulement 50 places disponibles !**

**613 742-2475**

Financé par le gouvernement de l'Ontario

Collège... meilleures PRATIQUES

la cité collégiale

www.lacitecollegiale.com



**FRENCH, ENGLISH as a SECOND LANGUAGE**
**FRENCH as a SECOND LANGUAGE FOR HOTEL and TOURISM**
**SPANISH (credit course)**

**PART TIME**

12 weeks (36 hrs in class + 36 hrs online)

**French as a second language (Levels 1 to 8) and**
**French as a second language for hotel and tourism (Level 3)**

**English as a second language**
**Spanish (Levels 1, 2, 3 and 4)**

**Evening Classes:** Tuesday, Wednesday, Thursday, 6 pm to 9 pm
**Saturday Classes:** 9 am to 12 pm (French as a second language only)

**DATES:** January 5 to March 28, 2009 • April 6 to June 27, 2009

**FEES: Subsidized Students:** Immigrants, new Canadians, and Refugees whose first language is neither French nor English: Online licence fee: $30 per level

**Non-subsidized Students:** Canadians, out of province residents, visa holders: Online licence fee: $30 per level + $175 for the course

**FULL TIME**

4 weeks (60 hrs in class + 60 hrs online)

**Morning and afternoon classes:**

**DATES:** January 5 to January 30, 2009 • February 9 to March 6, 2009

**FEES: Subsidized Students:** Immigrants, new Canadians, and Refugees whose first language is neither French nor English, Online licence fee of $30 per level

**Non-subsidized Students:** English speaking Canadians, out of province residents and visa holders, Online licence fee of $30 per level + $200 for the course

**Éducation Permanente**
**181, rue Donald, Ottawa**
**Tel. 613-741-2304 ext. 3**
**Fax 613-741-2191**

Ontario

CONSEIL DES ÉCOLES CATHOLIQUES DE LANGUE FRANÇAISE DU CENTRE-EST
conseil

ÉDUCATION PERMANENTE

**www.educationpermanente.ca**

It shouldn't take the 12 Days of Christmas to find a smartphone.

$50 IN-STORE CREDIT*

$49.99*

BlackBerry® Pearl™ 8220

ROGERS™

We know you've got better places to be than standing in a phone store. So we've simplified things. We've taken the phones and plans from Rogers, Bell, Fido, Solo and Virgin and put them all under one roof. All you have to do is pop into a mall near you. No hassle holiday shopping. Now that's a gift. MAKING PHONES RIDICULOUSLY SIMPLE.

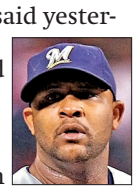
ROGERS™ Bell the new fido Solo mobile Virgin mobile booth tbooth.ca

*Limited time only. Offer may end without notice. Price is after applicable rebates and activation on any combination of Voice and Data plans on a new 3 year term with minimum MSF of $45 with Rogers. See in-store for details. Phones may not be as shown. In-store credit applicable on select phones and select plans with Rogers. No cash value. ™Rogers and Mobius Design are trademarks of Rogers Communications, Inc. used under licence. Blackberry®, RIM®, Research In Motion®, SureType®, SurePress™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world.



## Sabathia agrees to deal with Yanks

**MLB** CC Sabathia has agreed to join the New York Yankees for what is expected to be the richest contract signed by a pitcher, Major League Baseball's website said yesterday.


Sabathia

The report said the agreement came after the Yankees added another season and $20 million US to the offer they made the player last month, bringing the package to $160 million over seven years.

The deal, though, has still to be finalized and the team has yet to make an official announcement. If it goes through it will eclipse the record six-year, $137.5-million deal agreed between the New York Mets and Johan Santana last year.

Sabathia has a 117-73 record in eight major-league seasons. **REUTERS**

## Snowblower knocks out Sakic

**NHL** Colorado Avalanche centre Joe Sakic will miss the next three months after undergoing surgery Tuesday night to repair three broken fingers and tendon damage, the team announced yesterday.

Sakic, already suffering from a herniated disc in his back, hurt the fingers in a snowblower accident.

"Joe's surgery was performed by a hand specialist," said Avalanche team doctor Andy Parker. "The procedure went well and he's expected to make a full recovery."

Sakic missed several games in November with back problems and also missed a game on Nov. 24 with an infected tooth.

**REUTERS**

## Pacman to miss Giants game

**NFL** Dallas Cowboys cornerback Adam (Pacman) Jones will miss Dallas' crucial NFC East battle with the New York Giants this Sunday due to a neck injury that could sideline him for the rest of the season.

Playing in his first game since being reinstated by NFL commissioner Roger Goodell for violating the NFL's player conduct policy, Jones was injured after recovering a muffed punt against the Steelers on Sunday.

"He's out for this (Sunday's) game for sure and could possibly be out for the season," Cowboys coach Wade Phillips said yesterday.

**METRO NEWS SERVICES**

**Christmas crooks**
Online crooks look at the Christmas season as one more chance to get at your personal information. **IBM X-FORCE RESEARCH GROUP**

# Tech Now

## Drug websites

China, beset by food and drug safety scandals, has blacklisted dozens of websites for making false claims about traditional Chinese medicine, state media said yesterday.

REUTERS

# Christmas cheer can turn to Christmas grief

TechNow
Paul Brent
technow@ctv.ca

The Christmas season is prime time for shopping — and for stealing. Those who would steal identity information or credit card and banking information see a vast opportunity. At IBM'S Internet Security Systems and their research arm, X-Force, they have issued some seasonal warnings.

I spoke with Gary McIntyre of Edmonton. The lead architect for IBM security in Canada, McIntyre said the best we can hope for these days is a saw-off with the bad guys ... it's an arms race that will never end.

Some points to ponder:

**SPAM E-MAILS** A new generation of spam e-mails loaded with malware are customized with Christmas messages. For example, just making the rounds are e-mails supposedly from Coca-Cola and McDonalds.

Click on the enclosed link and you go an infected site. I've received other e-mails where the subject material is about something I'm interested in and the e-mail appears to be from someone I know.

The only tip off — my friend's e-mail address is wrong.

**FAKE PORTALS** The Christmas season is prime time for fake shopping portals. They look like a great place to shop online, but it's fake. In tough economic times the bad guys know that by offering great deals on a product, you may be more inclined to click through.

Online gift buying may be easier, but beware of fake shopping portals that pop up during the holiday season.

**TECHIE TOYS** Watch out for techie toys, especially things that plug into your computer via a USB port. McIntyre said it's a new trend where a middleman company buys a product, loads malware and then ships it off to you as the end buyer.

Plug the item into your computer and malware is downloaded. McIntyre added that they've even had cases where malware loaded memory sticks are left in company parking lots. Employees pick them up, take them into the office and plug them into the network.

**SURFING** Web surfing is getting riskier as the bad guys put their malware on legitimate sites. McIntyre said it's easier than ever for the host to scan and clean, but companies often hope they're not attacked and choose to take no action.

In June of this year credit card companies began to demand that online retailers meet certain firewall standards because the credit card firms are tired to paying the costs of online fraud.

**WEBSITE OF THE WEEK:** *avira.com* — You can download a free anti-virus program from this German firm.

This Sunday, one of the stories on Tech Now will be a look at new ID cards being used in some U.S. border states.

Be sure to watch Tech Now this Sunday as part of the CTV NEWS at 6 p.m.

TECH NOW
WITH PAUL BRENT

Sundays 6:00
*OTTAWA'S NEWS LEADER*

CTV NEWS

ctvottawa.ca

Ottawa

I Want A Career That Advances

Customer Service Agent
Bilingual Technical Agent
Bilingual Sales CSR Agent

Convergys keeps growing. 2009 looks to be another great year and we need outstanding people just like you to join our team!

We offer:
- Competitive Start Rate
- Language Premium
- Pay For Experience
- 100% Employer Paid Pension Plan
- Up to 75% Match on Employee RRSPs
- Employee Stock Plan — No Vesting
- Medical/Dental/Vision

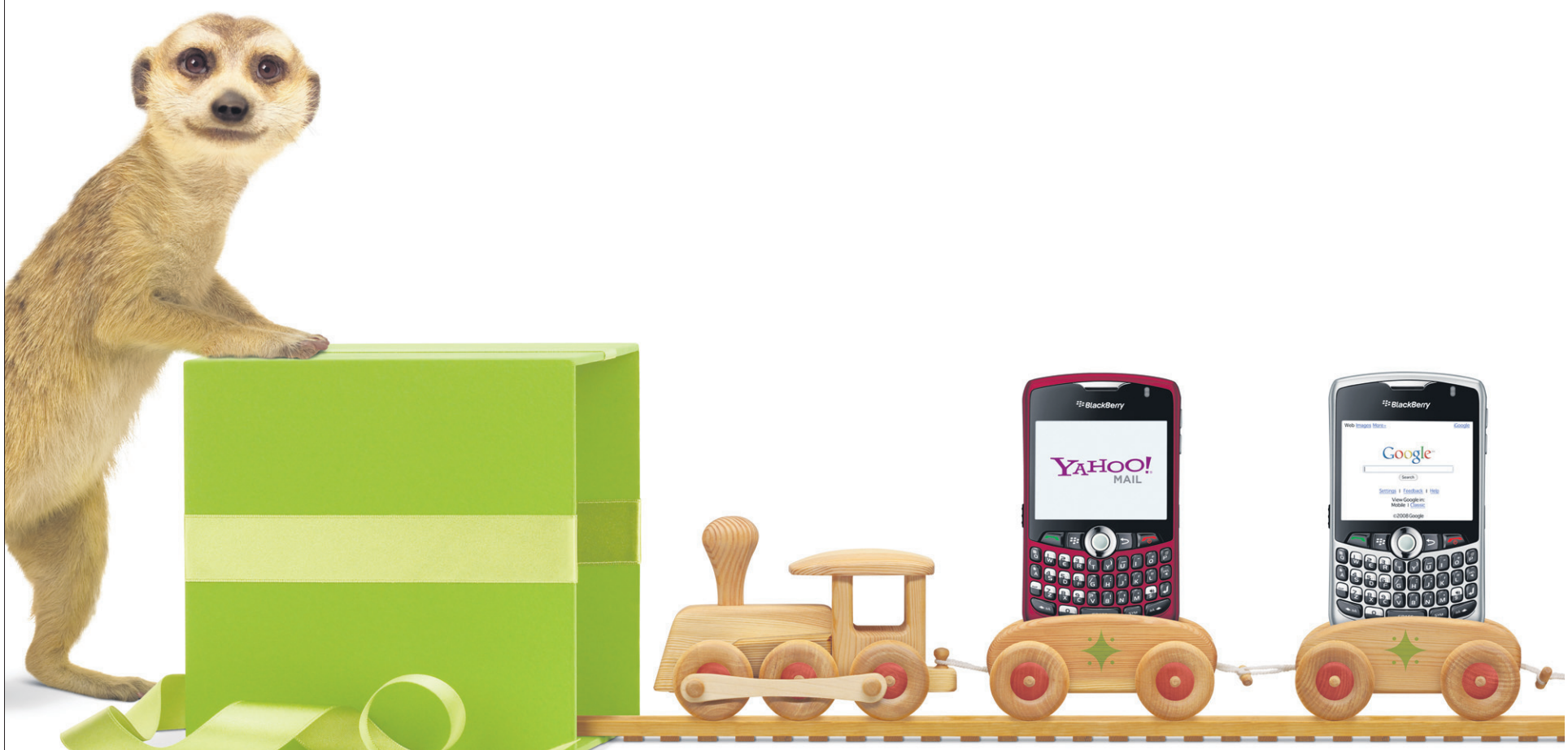
Not Your Typical Call Centre Opportunity

Apply today!
Fax: 613-667-1100
Ottawa.recruitment@convergys.com

Walk-Ins Always Welcome!
Monday – Friday, 8:30AM-3:00PM
1670 Heron Rd • Ottawa, ON K1V-0C2

CONVERGYS
Outthinking Outdoing

# A smart deal is coming your way.



$49.99*

3G BlackBerry® Curve™ 8330 smartphone

(3 year term)

For $20/month, add to select voice plans:

UNLIMITED personal email, IM, text,

Voice Mail 10 and Call Display.†

Get the 3G BlackBerry Curve on Canada's largest 3G network.

TELUS

the future is friendly®

For more details on these great offers, visit your TELUS store, authorized dealer or retailer, visit telusmobility.com or call 1-866-264-2966.

FUTURE SHOP BEST BUY WAL*MART Dumoulin

**TELUS STORES & AUTHORIZED DEALERS**

**Ottawa**
Ottawa Office Tower
Bayshore Shopping Centre
Carlingwood Shopping Centre
Chapman Mills Marketplace
Rideau Shopping Centre
St. Laurent Shopping Centre
Carleton Place Colonnade
10 - 100 Trainyards, Bldg. C
342 Elgin St.
2950 Bank St.
8 - 1568 Merivale Rd.
530 Montreal Rd.
62 - 2269 Riverside Dr.
1200 Prince of Wales Dr.
118 Holland Ave.
424 Catherine St.
1333 Michael St.

**Brockville**
2211 Parkdale Ave.
**Cornwall**
Cornwall Square
2130 Vincent Massey Dr.
**Hawkesbury**
321 Main St. E
**Kanata**
Kanata Centrum Walk
**Kingston**
Cataraqui Town Centre
103 - 646 Norris Crt.
764 Gardiners Rd.
131 Princess St.
**Nepean**
39 Robertson Rd.
**Orléans**
Place d'Orléans
2 - 4312 Innes Rd.
2062 St-Joseph Blvd.
**Pembroke**
Pembroke Mall
**Perth**
106 Gore St. E

Phone availability and price may vary. Prices are subject to change without notice. *Available until December 25, 2008. Effective net price after in-store discount at time of activation. Available for clients (new and renewal) who activate voice and data service with a combination of a voice rate plan and a data add-on totalling $40 or more on a 3 year term. TELUS reserves the right to modify eligible rate plans with this offer at any time without advance notice. †Offer available as an add-on to voice rate plans with a plan rate of $25 or greater on PDA smartphones (with TELUS mobile email only) and BlackBerry smartphones (with BlackBerry Internet Service only). An additional 10¢ will apply for each text message or attachment sent outside of Canada and the U.S. Premium messages are not included. Instant messaging available with Windows Live Messenger on PDA smartphones only and BlackBerry Messenger on BlackBerry smartphones only. Data used while roaming in the U.S. is charged at $8/MB. Any usage incurred through a laptop/computer will be charged at $8/MB. Cannot be combined with any other data plan. Web browsing and applications usage is not available on BlackBerry smartphones and is charged at pay-per-use rate of $8/MB on PDA smartphones. TELUS, the TELUS logo and the future is friendly are trademarks of TELUS Corporation. BlackBerry®, Research In Motion®, SureType® and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Used under license from Research In Motion Limited. Google and the Google logo are trademarks of Google, Inc. Yahoo is a registered trademark of Yahoo! Canada Co. All other trademarks are property of their respective owners. © 2008 TELUS.

**DIY decor ideas**

If you're keen on DIY projects, check out the ideas from the folks on TV show Pure Design. Go to hgtv.ca/puredesign, then to Projects & Articles, and check out instructions for a classy gadget-charging station, a storage bench and much more. **METRO NEWS SERVICES**

# Metro Homes

**Show your cards**

**A simple plan for showing off a few holiday cards is to drape a pretty ribbon from a row of vertical floating shelves or a bookcase and affix greeting cards with two-sided tape.**

**METRO NEWS SERVICES**

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

# Glass decor is breaking new ground

HomeScape

Sylvia Putz

metronews.ca/homescape

Windows, tabletops, and lovely coloured glass accessories have always captivated the eye. But now all the stops are being pulled out, and glass is showing up in places you mightn't think common sense and safety would allow.

"Glass when it is thick enough is remarkably strong," says Jim Bottrell, president of Adanac Glass, which deals in custom glass and mirror fabrication and installation. "Three-quarter-inch glass is as strong as marble," he assures me. "And when you temper it, it is four times as strong."

The Adanac office and showroom, for instance, boasts an open contemporary glass staircase with glass tread.

I didn't initially feel completely confident walking up those steps, but when I did I found they're solid and gorgeous. The glass is thick and has a clear, anti-skid ceramic coating that gives it added strength and toughness.

Glass railings, particularly interior ones, are also appearing more and more. Etched or sandblasted patterns or designs add the luxurious look of customized art.

Often these types of railing look more like solid glass, without much visible hardware.

Frameless shower enclosures and doors can be done in glass with a variety of textures, coatings or etchings. The results can be stunning.

Even bathroom doors can be done in glass — they're soundproof, and the patterns or coatings can obscure all but the vaguest outlines. Thank goodness for that, for there are some areas that just don't do well as an open concept room.

Another eye-opener for me is the use of glass as a countertop. In addition to being strong, three-quarter-inch glass doesn't scratch easily and is heat resistant. Colours, patterns and other special effects can make the countertops unusual and beautiful.

And speaking of different types of finishes, painted glass is a particularly hot trend at the moment. Painted on the back and installed with the shiny side facing out, it gives a clean contemporary look.

And painted glass is also becoming very popular in kitchens as a backsplash. "There are no grout lines to clean," notes Bottrell — a quality, I might add, that's very appealing to those of us who now spend time scrubbing spaghetti-sauce splashes off grout lines with a toothbrush.

Some people even use painted glass as an accent for walls, setting it into the wall singly or in a repeating pattern. Bottrell has installed such panels into a ceiling in the same way, and even cabinets can be fabricated with painted glass doors or panels.

Like the glass, the paint layer doesn't scratch easily. It's chemically cured in the same way that car paint is, leaving a strong enamel-like finish.

If you still have doubts, using thicker glass for added safety can give you some peace of mind, says Bottrell.

And some people — say, those who live with active young children — may do well to wait a few years before considering glass as a decor finish.

SOUTH BEACH CONDOMINIUMS

**In this file shot of South Beach Condominium's Delano model suite, a lavender back-painted glass panel provides a striking backdrop for the dining room.**

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

IMMEDIATE OPENINGS

Want to join a dynamic team?
Want to help with green energy products?

We need people that are hard workers, friendly, motivated and have a good attitude.
Average $20/hr – up to $1,000/wk
PRODUCT TRAINING PROVIDED
Weekly bonuses, contests and HUGE incentives with lots of advancement opportunities.

For more information and to qualify call
613.321.4279

## Go for non-traditional holiday hues

Think outside the red and green box when planning your holiday house decor this year. One of the biggest trends is to break with tradition and create your own colour scheme — even if it includes copper, acid green, teal, pink, eggplant or black.

"Try to work with colours that are (already) in the space," advises Janet Fabro of The Homesource, "It doesn't matter what the trend is though, it's what the space is about."

Here are some tips for choosing your holiday palette:

• Use your existing home palette as a basis for your holiday colour scheme. Don't be afraid to use non-traditional hues.

• Add a touch of glitz with glass, mirrors, metal and crystal pieces, glittery ornaments and accessories, candles, shiny baubles and metallic fabrics.

• Consider scale. Don't overwhelm a smaller room with huge trees and decor pieces, or don't underplay these elements in big, open rooms.

• Keep it simple. A glass bowl filled with ornaments, containers of cinnamon sticks, sprigs of greenery on the windowsill and wreaths hung where artwork usually goes can make for easy, but effective, decorating.

• Dress up ordinary place settings with ornaments, colourful napkins or a striking centrepiece or candlesticks.

• Use what you have. Don't worry about keeping pace with trends, just update what you have with a few new ornaments or accessories or the current colours in ribbon.

• Forego traditional holiday symbols like Santa, reindeer, snowflakes and such for less time-specific accessories like birds, fruits, insects or even starfish. Or, since the holiday decorating season is beginning earlier and lasting longer, use the Christmas-themed items just before and until just after the big days.

**A stocking from IKEA's Baalt holiday range, which uses modern colours like black, blue and orange.**

**TORSTAR NEWS SERVICE**

**Guilt-free gift wrap**
This gift wrap is made of hemp blended with 100 per cent post-consumer recycled paper and printed with vegetable-based inks. Various designs available for $6.95-$7.50 at GrassrootsStore.com. **METRO NEWS SERVICES**

# Holiday Shopping Guide IV

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

# Give green

## #1 Doi Chaang coffee

Phone: 1-866-924-2264
Visit: doichaangcoffee.com
Organic and fairly traded coffee, from $9.99-$14.99.

## #2 Live Clean products

Soap available at Loblaws; body wash at Wal-Mart, others
Liquid hand soap, $4.99, and body wash, $6.99.

## #3 Green holiday tips

Visit: chapters.indigo.ca
A Greener Christmas, written by Sheherezade Goldsmith, $28.

## #4 Eco-friendly cookware

Available at The Bay, Home Outfitters, Home Hardware
PTFE-free, non-stick GreenPan, $129.99.

## #5 Telinho the monkey

Visit: origins.com
Help save spider monkeys with Telinho, $18 ($3 goes to Charity Fauna & Flora).

## #6 FunkyFlip carrier bag

Visit: funky-planet.ca
This environmentally friendly shopping bag is available online for $38.

## #7 Go green with cards

Visit: jonesy.ca
These eco-friendly cards are available for $4.25 each, or $19 for a set of 10.

## #8 Save our wildlife

Visit: GoWildGifts.ca
Protect habitats for as little as $25 for an orca. Other wildlife also available.

SEARS GIFT CARDS

Make your gift giving more personal
Create your own giftcard* online in 3 simple steps!
step 1 Upload Image
step 2 Add Text
step 3 Order Card

Available instore, online at www.sears.ca/giftcard or by phone at 1 800 267 3277
*$2.99 fee applies and includes shipping to anywhere in Canada. Only redeemable in Canada.
Sears

**Give the gift of memory**

The Philips and Swarovski Active Crystals line includes the USB Hear Ware Crystal memory keys, left. The keys retail at $210 for 1GB of storage, and $264 for 2GB of storage. Go to active-crystals.com for more. METRO NEWS SERVICES



# Gifts for aspiring shutterbugs

RICK McGINNIS
rick.mcginnis@metronews.ca

**THE BASICS:**
**Olympus FE-360 8-megapixel digital camera ($129)**

**Canon Powershot SD1100 8-megapixel digital camera ($179.99)**

**Kodak M1093 10-megapixel digital camera ($199.95)**

**Olympus Stylus 1050 SW 10-megapixel digital camera ($299)**

**Sony T77 10-megapixel digital camera ($299.99)**

**Sony T700 10-megapixel digital camera ($429.99)**

**Digital snapshot cameras have reached a kind of quality plateau in the last year — image size hovers around the more-than-generous eight- to 12-megapixel range, and shutter lag (at least without flash) has been reduced to a fraction of a second at worst. Which means that you're basically buying based on price and which particular combination of features appeals to you.**

On the low end, we have the **Olympus FE-360** and **Canon's SD 1100**, both eight-megapixel cameras in familiar styles — 2.5-inch LCD screens with controls laid out around and above the menu toggle button and the shutter on the right side of the camera. Olympus puts its selection of shooting modes down a couple of levels in the menu, while Canon puts them one button away. Zoom ranges are about equal, and both cameras passed the acid test of being used by my five-year-old daughter. The Canon, sole among the cameras tested, gives you the option of a rangefinder to look through when the sun makes the LCD hard to use.

**Kodak's M1093** is about as basic, though the controls have been tidied up a bit, and Kodak's Smart Capture shooting mode remains one of the most user-friendly automatic shooting modes on the market. **Olympus' 1050 SW** is a flush-lens/sliding-lens cover model that's built like a tank, and meant to withstand rough treatment and weather. The back contains the usual array of controls, but Olympus has built in an accelerometer-controlled interface where you can choose and set shooting options by tapping on the camera body — once to select, twice to accept. It's strange at first, but it's responsive and quickly becomes second nature.

On the high end, both in terms of price and design, we have a pair of Sony sliding-lens cover cameras. The **T77** and **T700** are basically siblings with sleek aluminum bodies and touchscreen interfaces on the back. The 3.5-inch widescreen LCD on the back of the T700 is a half-inch wider than its brother, though both cameras let you select the area of the frame you want to focus on with a tap. Image quality is up to Sony's usual high standards.

**ONE STEP BEYOND:**
**Olympus SP-570UZ 10-megapixel camera ($449)**

**Panasonic Lumix LX3K 10-megapixel camera ($549.99)**

**Olympus E-420 digital SLR w/25mm Zuiko Digital lens ($679)**

Once you've gotten tired of the limitations of a point-and-shoot camera, you'll want to move up to something with more range. **The Olympus SP-570UZ** is a "superzoom" camera, part of a range of cameras that have been gaining popularity with amateur photographers tired of the anemic 3x zoom range of pocket cameras. It has a startling 20x optical zoom that can pick off a hummingbird hovering by a feeder and a full range of automatic shooting modes, as well as manual controls that approximate a full SLR.

**Panasonic's LX3** has become a big hit with professionals looking for a small camera for travel and location scouting. It's accomplished this by putting its aspect-ratio controls on the Leica lens barrel, letting you compose with a full widescreen LCD on the back and making its low-light capability the best on the market.

Finally, **Olympus' E-420** was reviewed here before, but the company's stellar lens range has come up with a 25mm "pancake" lens that transforms this little SLR into a true joy. Dispensing with the cumberson zoom that usually comes with this sort of camera — and the flexibility, naturally — you end up with a light, elegant machine that practically begs you to shoot like a pro. As part of an exclusive deal with Henry's, Olympus has brought their Komachi kit over from Japan — an E-420 with the 25mm lens and a retro leather camera case and strap in a very pretty gift box for $779.

**LIGHTS, CAMERA, ACTION:**
**Kodak Zi6 pocket digital video camera ($179.99)**

**Canon Vixia HF11 HD digital video camera ($1,299)**

These two machines exist on the opposite ends of the video camera spectrum. **Canon's Vixia HF11** is a full HD camera that's been used by professional crews as a B camera to get cutaways and wide shots. Small — it sits in the hand like a pop can — and relatively stripped down in terms of controls, it records its widescreen HD image to a 32 GB internal memory card, with an expansion slot for an SDHC card. It's easy to hold, and the 12x zoom is more than generous.

**Kodak's Zi6**, on the other hand, is about as simple a camera as there is. There's a power button and a shutter toggle on the back that handles the zoom, two buttons for playback and stop, and a button on the front that pops the USB connector from the side. It's about the same size as a point-and-shoot camera, and requires no neck strap or padded bag. The image quality is a far cry from the Vixia, but it's immensely usable, and while the movies you'll shoot with the Vixia will look great on your flatscreen TV, the Zi6 just might end up capturing more of your family's life.

**ACCESSORIES:**
**Kodak W820 wireless digital photo frame ($229.95)**

**Sony DPFD80 digital photo frame ($199.99)**

It'll take some fiddling, but **Kodak's 8-inch W820** digital frame will connect to your home wi-fi network and stream photos from your collection, bypassing the CF card slot or internal memory. Kodak has also done away with the tiny remote that they assume you'll lose, and put the menu controls on a touch strip around the edge of the very minimal frame.

**Sony's DPFD80** is equally minimal — a glossy little non-widescreen 8-inch slab that accepts the company's signature memory stick card. There's no wi-fi, but the LCD screen is up to Sony's high standards.

Signed Sports Jerseys
Signed NHL, NFL, NBA & MLB Jerseys
The Jersey Dude
Ottawa collector selling a huge selection of signed, authenticated jerseys.
Check on the selection at www.thejerseydude.weebly.com

Strategy
Games & Accessories
www.strategygames.ca
Your Source for Games that Make You *Think!*
High quality chess, poker, backgammon sets imported specially for Strategy Games
Monday-Friday: 10:30 am - 6:30 pm
Saturday: 10 am - 6 pm • Sunday: Noon - 5 pm
CHESS • BRIDGE • BACKGAMMON • POKER
UNIQUE GIFT ITEMS
250 Bank Street • 613-565-3662

SAVE OVER $250.00
RICCAR
7 year warranty on the motor
Lifetime warranty on belt (Kevlar)
2 year warranty parts & labour
Hepa filter, adjustable wand,
7 attachments
BONUS:
Hand Turbine & pkg. of bags
$79.00 value
Pristine Msl. $949.00
ONLY $699.00
Vacuum Cleaner Centre
298 Richmond Rd.
613-722-3434
Sales, Parts & Service
Serving Ottawa West for over 40 years
244763.1114

PAMPER YOURSELF OR SOMEONE YOU LOVE
Special packages for Gift Giving
All-In-One $94.99 • Wash & Set • Facial • Pedicure
Soft Touch $40.99 • Manicure • Hand Treatment
Cameo Hair Spa
complete beauty solutions
386 Bank Street 613-231-4265

# Home Outfitters

kitchen | bed | bath | SUPERSTORE

3 DAYS ONLY!

Friday, December 12th to Sunday, December 14th

# $100 OFF

**PLUS!** Get **3** $20 money cards!

# 199.99

**KITCHENAID**
**Custom edition stand mixer**
- 325 watts
- 10-speed
- 4½ qt. polished stainless steel bowl

Reg. 299.99

## Get a $20 money card

With every $60 you spend. Limit one card for every $60 spent. Redeem your $20 money card with every $40 you spend between December 26th, 2008 through January 9th, 2009. Limit one card for every $40 spent.

## Give the gift of choice with a Home Outfitters Holiday Gift Card.

**Visit a store or www.homeoutfitters.com for more great Gift Cards.**

Gift Cards are redeemable at Home Outfitters, the Bay and Zellers.

Sign up for email or **shop online** at **www.homeoutfitters.com**

**Live better. Spend less.**

**IMPORTANT CUSTOMER INFORMATION:** SELECTION & BRANDS WILL VARY BY STORE: All colours, patterns and styles may not be available in all stores. Only available in store. ■ **11.3H** All references to regular price are to Home Outfitters' regular price. All prices in effect Friday, December 12th to Sunday, December 14th, 2008, unless otherwise specified.

Hbc

**Guaranteed to stay put**

Bugalug barrettes, $8 for a pair, are created with a silicon gel grip on the inside of every barrette to prevent slippage. Go to bugalugbaby.com for more. METRO NEWS SERVICES

*Holiday* **Shopping Guide IV**

# Beauty-ful finds: The best of 2008

JANINE FALCON
for Metro Canada

**Hankering for an improved complexion, lusher lashes or super-glossy hair? Here's a round-up of some of the year's most effective stuff to help you get what you need.**

## Skin care

A new study from the University of Toronto suggests that greens+ plant-based supplements may contribute to the reduction of the stress hormone cortisol, which is linked to obesity, cardiovascular disease, mental health and acne. While further study is required to confirm findings, preliminary results make **Genuine Health healthy skin with greens+** (156g, $27.99) something more than hope in a jar.

**Clarins Pure Melt Cleansing Gel** ($36) dissolves stubborn makeup and dirt, and rinses cleanly away to leave skin soft, fresh and bright.

With lactic acid to help exfoliate, **Dermalogica Age Smart Skin Resurfacing Cleanser** ($46) gently smooths skin as it cleanses.

## Makeup

Oily skin's new best bud, **Smashbox Photofinish Light** ($44) is a weightless primer lotion that ensures makeup stays put without feeling mask-y.

**GOSH Velvet Touch Eye Liners** ($13 each)

are waterproof, creamy-smooth, and come in a gazillion colours.

Flake-proof **Clinique Lash Power Long Wearing Formula** ($18) beats humidity, rain, tears and oily lids, yet washes off with very warm water. Tied for "best-of" placement is just-released **Lancôme Ôscillation** ($39), which, with its micro-vibrating wand and gel-like formula, curls, lengthens, and volumizes for a faux-lash finish.

The most exciting blush debut since Benetint, **Benefit Posietint Lip & Cheek Stain** ($35) brightens with a youthful, long-lasting, sweetly pink flush.

**CoverGirl Wetslicks Amazemint** lip glosses ($6.99 each) rock for

sheer colour, non-sticky and non-drying texture, and a lick of peppermint oil in the mix.

The most makeup bang for your buck, the **Sephora Ultimate Blockbuster Collector's Edition palette** offers more than $300's worth of cosmetics for $58.

## Hair care

Besides giving the long-time-singleton shampoo a partner, **Head & Shoulders Conditioner** ($6.99) helps defeat dandruff and really does leave hair shiny and healthy.

**John Frieda Luminous Colour Glaze** ($13.99) has a new lighter consistency to crank hair-in-need's sheen way, way up.

This year, curly-haired girls fell for **re:coil shampoo, conditioner** ($20 each) and **curl activator** ($19) from Canadian company **AG Hair Cosmetics**. The trio delivers frizz-free curls with just a bit of product.

## Green star

Big green kudos to a growing number of earth-friendly lines, such as **Live Clean** and **La Coupe Orgnx** haircare and **Cargo PlantLove** cosmetics. Live Clean and Orgnx are formulated with natural and certified-organic botanicals, and housed in recylable bottles; PlantLove steps up with compostable packaging. Canadian-made all three, their eco-footprint is lighter than that of imports. Runner-up: U.S.-made natural-based **David Babaii for WildAid** hair care, with support from actress Kate Hudson and 10 per cent of proceeds marked for WildAid, a global wildlife conservation organization.

unicef

**If you're going to shop anyway, make it count.**

UNICEF cards and gifts are available right in your neighbourhood. Shop today and make a real difference in the lives of children with the things you buy.

Shop for **Cards & Gifts** at UNICEF Kiosks: IKEA – Pinecrest Mall – 2685 Iris St.
Rideau Centre – 50 Rideau St.
St. Laurent Centre – 1200 St. Laurent Blvd.
Place D'Orleans – 110 Place d'Orleans Dr.

Shop for **Cards** at these retailers:

Pier 1 imports · RONA (Selected locations) · TEN THOUSAND VILLAGES · the Bay (Selected locations)

Shop online at **shopunicef.ca** or by phone at **1 888 777-0380**.

**Drive in from the cold!**
**Enjoy the warm atmosphere at**

240 SPARKS

**Ottawa's holiday shopping centre!**

Where you'll find three levels of stores with hundreds of festive ideas for that special person.

Enter to win one of ten $50 gift certificates and a $500 shopping spree at 240 Sparks Shopping Centre! Email win@metronews.ca!

Can't decide? Surprise someone with a gift certificate!

★ Affordable indoor parking ★
Bank & Queen
For list of merchants visit 240sparks.com

metro
Do it daily.

# GUARANTEED TO JINGLE BELLS. ALL THE WAY.

The Gillette Fusion holiday gift set is nice for him, naughty for you. Find out why at gillette.com/holiday

©2008 The Gillette Company

Gillette®
*The Best a Man Can Get™*

**For the Red Green fan**

We're All in This Together: Red Green — The Man Behind the Character and Vice Versa, by Steve Smith, $24.99. Available only at independent hardware stores across the country. For more, go to wereallinthistogether.ca. **METRO NEWS SERVICES**



# Cool toys for older boys

### #1 Make an impact

Visit: homedepot.ca

The Makita Lithium-ion Impact Driver is available at Home Depot for $389.

### #2 Dress him up

Visit: harryrosen.com

Ted Baker Archive shirts ($235), in an assortment of colours and patterns.

### #3 Help him navigate

Visit: homehardware.ca

Nuvi 255W GPS System features a touchscreen colour display, $319.97.

### #4 Steel and titanium

Visit: baume-et-mercier.com

Baume & Mercier Hampton Square men's watch, $4,490.

### #5 High-def sound

Visit: philips.com

These in-ear headphones by Philips are available for $129.99.

### #6 Stocking stuffer

Visit: shoppersdrug-mart.ca

Gift set includes watch with matching tie, tie bar and cufflinks, $19.99.

### #7 To keep him warm

Visit: winners.ca

This men's bathrobe ($39.99) is available at Winners.

### #8 Watch your power use

Visit: blackanddecker.com

The Power Monitor, $99.99, is available at Wal-Mart, Best Buy, and more.

SuiteDreams.com
IMPRESS YOUR GUESTS
Cartier Place SUITE HOTEL
TRAVELERS' 2008 CHOICE
www.tripadvisor.com
Downtown Ottawa
613-236-5000

Ladies Casual and Dress Clothing

French Dressing Jeans
Pashminas & Stoles
Handbags & Evening Bags
All Kinds of Jewelry
....And Much More
Now Stock Arriving Weekly
Monday - Saturday 10 -5 pm
Closed Sundays
THE WHOLESALE OUTLET • 613.748.6605
1877 INNES ROAD (BETWEEN BLAIR & CYRVILLE)

Don Thompson Jewellers Ltd.
est. 1957
EXQUISITE CHRISTMAS EARRINGS & PENDANTS
DON THOMPSON JEWELLERS SINCE 1957
340 ALBERT ST. (BESIDE BATON ROUGE)
613 -236-7722
WWW.THOMPSONJEWELLERS.COM

# 'TIS THE SEASON AT MERIVALE MALL

## THE $500 FRIDAY NIGHT GIVEAWAY EVENT!

**Enter for a chance to WIN $100 in Merivale Mall Gift Certificates when you shop at the mall on Friday Dec. 5th, 12th and 19th from 4pm - 8pm. Hot 89.9 will be on location to giveaway tons of prizes...but you have to be here to WIN!**

HOT 89.9

MERIVALE MALL
**www.merivalemall.ca**

---

**Merivale Chiropractic Clinic**

*For appointment call: 613-226-8142*
*Lets drive away hunger this holiday season!*

*Merivale Mall, 1642 Merivale Road, Unit 360,*
*Ottawa, Ontario K2G 4A1 Tel: 613-226-8142*
*email: mcc13@nepeanchiro.com*
*www.merivalechiro.com*

*Bring a bag of non-perishable items for the Ottawa Food Bank and receive:*
***FREE Consultation***
***FREE Examination***
***FREE Report of findings** and*
***FREE Xray** (if required)*

---

**Go-Pals**

**Receive $60 in Gift Certificates this Christmas**

** Conditions Apply*
*Expires December 31st, 2008.*
*Merivale Mall location only.*

---

**ALIA N TANJAY**

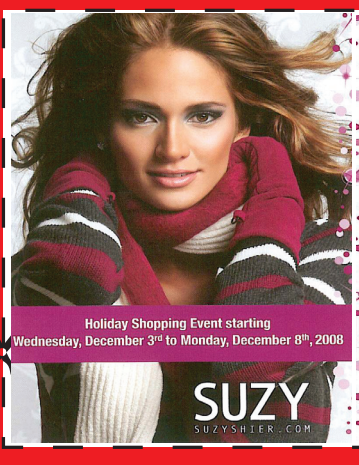
**$10 off** *on regular priced product.*

*Ad/coupon is $10 off all regular priced merchandise with a minimum purchase of $75. Cannot to be used in conjunction with any other discount, promotion or towards the purchasing of Gift Cards. Expires December 31st, 2008. Merivale Mall location only.*

---

**HOT DEALS, COOL PHONES**

---




*Holiday Shopping Event!*

**20% OFF**
REGULAR PRICED MERCHANDISE
PRESTIGE CARD MEMBERS SAVE AN ADDITIONAL 10%

**TAKE AN ADDITIONAL 50% OFF**
RED TICKET MERCHANDISE
*Excludes gift cards, gift boxes and Prestige cards. Merchandise may not be available in all colours and styles at all Suzy locations. Only while supplies last. Some restrictions may apply.*

---

**3 Free Visits**

**Some conditions apply. Valid until April 30, 2009. One coupon per person.*

National Capital Region YMCA-YWCA
Health, Fitness and Recreation Centre Locations

**Carlingwood Y**
200 Lockhart Ave
613.729.7131

**Kanata Y**
1000 Palladium Dr
Scotiabank Place
613.599.0280

**Clarence-Rockland Y**
1535 Du Parc Ave
613.446.7679

**Metro Central Y**
180 Argyle Ave
613.788.5000

**Downtown Y**
99 Bank St
Sun Life Financial Centre
613.233.9331

**Nepean Y**
1642 Merivale Rd
Merivale Mall
613.727.7079

**Orleans Y**
265 Centrum Blvd
613.830.4199

YMCA-YWCA
Join. Donate. Volunteer.
Find out more at www.ymcaywca.ca

---

1642 Merivale Road, Ottawa, ON (613) 226-1290
MALL HOURS: Monday-Friday - 9am-9pm, Saturdays - 9am - 6pm, Sundays - Noon - 5pm

**Boys will be boys**
The Dangerous Book for Boys — Canadian Edition, by Gonn Igguiden and Hal Igguiden. Available for $29.95 at chapters.indigo.ca. METRO NEWS SERVICES

# *Holiday* Shopping Guide IV

# Just because...

## #1 For the movie lover
Visit: hallmark.com
This Disney/Pixar Wall-E ornament, called Deck the Planet!, is $19.99.

## #2 Capture memories
Visit: homesense.ca
This family tree photo album, $14.99, is available at HomeSense.

## #3 For the tea lover
Visit: chapters.indigo.ca
This Mighty Leaf Tea Box is available online for $29.99 at Chapters Indigo.

## #4 Fabric coasters
Phone: 1-888-633-5833
Visit: GrassrootsStore.com
Available in a set of two ($9.99) or four ($16.99).

## #5 Get passionate
Visit: fruits-passion.com
Fruity Foaming Bath, $10 (portion goes to Habitat for Humanity Canada).

## #6 Cranberry gift set
Visit: thebodyshop.ca
Cranberry Body Polish and candle are part of the New Merry Cranberry Gift, $45.

CDWAREHOUSE.CA

GREAT GIFT IDEAS!

Blue Rodeo 'Blue Road' CD + DVD - $14.99

Blue Road is a must-have memorabilia for even the casual fan. The CD element of the combo-pack features some of the group's best-known selections taken from a show-stopping acoustic set performed at Massey Hall. The DVD features a "Bootleg" visual companion to the CD including an hour-long documentary.

Seal 'Soul' - $12.99

The voice is unmistakable. The songs are soul classics. Includes the following gems, "A Change is Gonna Come", "Mercy, Mercy Me", "In The Midnight Hour", "I've Been Loving You Too Long", "My Girl" and more! Produced by David Foster.

James Blunt 'All The Lost Souls'

$14.99 (Regular Version)

Blunt's sophomore album, 'All The Lost Souls', displays a huge musical growth from his smash hit debut, 'Back To Bedlam'. These new, more mature songs recall the sounds of Elton John, Cat Stevens and Neil Young.

★ New deluxe edition is available with four new tracks & DVD ★

★★★ Sale ends December 3rd, 2008 ★★★

DON'T MISS JAMES BLUNT AT SCOTIABANK PLACE

THIS SATURDAY, NOV. 29TH!

KANATA | NEPEAN | OTTAWA
499 Terry Fox Dr. | 1383 Clyde Ave. | 1717 St. Laurent Blvd.
613-599-4700 | 613-225-9027 | 613-599-4700

Spend this Christmas at Nettleton's with the 3 Wise Men.

The brothers are back together again.

Give the gift of Diamonds

Your Canadian Diamond Headquarters
MAPLE LEAF DIAMONDS™

Nettleton's Jewellery Ltd.
Westgate Shopping Centre – 1309 Carling Avenue
613-722-7697

# BUY A PLAYSTATION®3 AT EB GAMES™ / GAMESTOP™ AND GET ONE OF THESE FIVE GAMES FREE

80GB PLAYSTATION®3 core for $399.99

614872-0

615676-4

613394-6

606321-8

613361-5

609093-0

EB GAMES HARD CORE HOLIDAY

**Visit www.ebgames.ca for a store location near you!**

With over 320 locations and the best selection of games of any Canadian retailer, we are sure to have the gifts that you are looking for!

PLAYSTATION 3

EB GAMES™ GameStop™ WWW.EBGAMES.CA

Blu-ray Disc™

TYPOGRAPHICAL ERRORS ARE NOT THE RESPONSIBILITY OF EB GAMES CANADA. PRICES AND AVAILABILITY SUBJECT TO CHANGE. WHILE SUPPLIES LAST. PRICES AND PRODUCT IN EFFECT NOVEMBER 23 - DECEMBER 21, 2008.
SEE SALES ASSOCIATE FOR COMPLETE DETAILS. © 2008 EB GAMES CANADA. "PlayStation", "PLAYSTATION" and the "PS" Family logo are registered trademarks of Sony Computer Entertainment Inc.
LIMIT 1 PER CUSTOMER. NO DEALERS PLEASE. At time of printing, all products are expected to be available. Used product excluded. Free game offer valued up to $69.99. Collector's Editions are excluded.

**Cocktails, courtesy of DRAFT**

The November/December issue of DRAFT magazine features nine essential holiday cocktails: Snowflake, Yule Berry Tini, Peppermint Froth, Eggnog White Holiday, Poinsettia Cocktail, Chocolate Eggnog Martini, Baked Apple Pie Cocktail, World Peace Cocktail and Cranberry Sauced. METRO NEWS SERVICES

# Food

***For the Eggnog White Holiday cocktail, you'll need: 1 ounce White Chocolate Godiva Liqueur; 1 ounce Navan Cognac and eggnog.***

November/December issue of DRAFT Magazine

**And then ...**

**Shake all ingredients in a shaker with ice and strain into a glass. Garnish with gold flakes.**

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

# Santa's little kitchen helpers

À **la** carte

**Barb Holland**

Metro Food Writer

**I realize not everyone — OK, very few — appreciate kitchen gadgets under the tree. But, for what it's worth (it is a free newspaper), I thought I would pass along some of my favourite small but useful kitchen gadgets. The operative word here is useful. If not useful, they don't clutter my drawers or cupboards for long.**

## Onion Goggles

If you chop a lot of onions as I do and have tried the many ways to prevent tearing, here's one that works. I have bought and given many Onion Goggles to family and foodie friends.

Yes, a little corny looking, but these plastic glasses have a comfortable foam seal that protects eyes from irritating onion vapours. Give with a bag of onions for a gift they'll talk about for awhile. $25.

Onion Goggles

## Remote Digital Thermometers

Aside from a keen cook, every kitchen should have a thermometer, no exception. I particularly like Remote Digital Thermometers. When it comes to roasting meat, variables such as shape, size and type of meat; cooking guidelines (min/lb or kg) are just that — guidelines. A thermometer is virtually foolproof.

A steel probe inserted in the meat and the attached wire remains in the oven during cooking. The base, outside of the oven, displays the increasing internal temperature during cooking.

An alarm beeps when the internal temperature you have set is reached. They usually have a timer, as well. There are quite a few available and prices range from $30 to $70.

## Hands-Free Soap Dispenser

Why didn't someone think of this before? When prepping yucky things, a Hands-Free Soap Dispenser is such a good idea. The sensor dispenses soap touch-free to help avoid cross-contamination. $25 to $40.

## Immersion Handheld Blender

An Immersion Handheld Blender is a handy gadget for puréeing soups right in the pot or whipping up pina coladas. Get one with a few attachments — a knife blade and container for chopping small amounts and a wire whip — for versatility. Price ranges: $30 to $100 (depending on attachments).

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

# The Feast of Sacrifice

**Eid al-Adha, or Feast of Sacrifice, is the most important feast of the Muslim calendar. It concludes the pilgrimage to Mecca.**

Habeeb Salloum is a resident of Toronto and author of numerous cookbooks: Arab Cooking on a Saskatchewan Homestead: Recipes and Recollections (Canadian Plains Research Center, University of Regina, Regina, 2005), Classic Vegetarian Cooking from the Middle East and North Africa (Inter-Link Publishing Col., Northampton, MA, 2000), From the Lands of Figs and Olives: Over 300 Delicious and Unusual Recipes from the Middle East and North Africa (with James Peters) (Inter-Link Publising Co., New York, 1995).

The following recipe is supplied by Salloum. The main dish is a whole lamb, minus the head. One-third goes to the family who sacrificed, bought or prepared the lamb and two-thirds goes to the poor around them (including neighbours, extended family, friends, etc).

The reason why one-third goes to the family is to keep them humble and so that they eat from the same lamb that they are sacrificing and giving to the poor. Eating from the same lamb means the poor don't feel like the family who sacrificed it are above them.

## Kharouf Mahshi — Stuffed Lamb

Serves 20 to 25.

**INGREDIENTS:**

- 20 to 25 pound lamb, thoroughly washed
- 1/2 cup lemon juice
- 3 tablespoons salt
- 4 teaspoons pepper
- 4 teaspoons allspice
- 1/2 pound butter
- 3 pounds beef or lamb, cut into very small pieces
- 4 medium onions, chopped
- 1 cup blanched almonds
- 1/2 cup cashew nuts
- 1/2 cup pine nuts
- 1/2 cup pistachio nuts
- 5 cups rice, rinsed
- 1/2 cup raisins
- 1 teaspoon cinnamon
- 1 teaspoon nutmeg
- 1/4 teaspoon cayenne
- 8 cardamon seeds, crushed
- 6 cups water
- 2 cups plain yogurt
- 1 cup honey
- 2 teaspoons powdered garlic
- 2 teaspoons ground coriander seeds
- 1 teaspoon cumin
- l teaspoons ginger

**METHOD:**

Thoroughly rub lamb both inside and out with a mixture of the lemon juice and 2 tablespoons of the salt. Set aside and allow standing for an hour. Combine 2 teaspoons pepper and 2 teaspoons allspice. Rub lamb inside and out with this mixture then set aside, ready for stuffing.

Melt butter in a large pot then sauté chopped meat over medium heat for 15 minutes. Stir in onions, almonds, cashews, pine nuts and pistachios.

Sauté for a further 10 minutes or until nuts begin to brown. Stir in remaining salt, pepper and allspice, rice, raisins, cinnamon, nutmeg, cayenne, cardamom and water. Bring to a boil and cover. Simmer over medium/low heat for 20 minutes. Stuff lamb with the contents of the pot, then sew closed and place in a large baking pan.

Make basting by combining remaining ingredients. Baste lamb and cover with aluminium foil. Bake in a 300° F preheated oven for 3 hours, then remove foil and baste. Bake covered for a further hour, basting twice.

Turn lamb over, baste, re-cover with foil, then cook for a further 1 1/2 hours or until the lamb meat is tender, basting every half hour. If baste finishes, baste with pan juices.

Place lamb on a large platter. Remove sewing thread and serve piping hot along with salads.

METRO NEWS SERVICES

BDO

BDO Dunwoody Limited

Let BDO help you get on the road to financial stability

- **Avoid** bankruptcy
- **Consolidate** debt into one manageable monthly payment
- **Stop** interest
- **Stop** harassing calls from creditors
- **Protect** your home and car

Financial problems can happen to anyone. We will advise you about all of your options and find the right solution to alleviate your financial stress.

Serving Canadians since 1958

More people choose BDO than any other firm in Canada*

Free Consultation - Convenient, confidential appointments

**The Elgar Building**
**200 Elgin St, Suite 903**
**613-235-5225**
**1-800-754-1579**

*OSB Statistics

Trustee in Bankruptcy - Credit Counsellors - Proposal Administrators

www.bdodebthelp.ca

**Teach English in Canada or Overseas**

**NOW AVAILABLE IN OTTAWA**

The ACE TESOL Certificate Course

This teacher training course is recognized by TESL Canada

www.tesl.ca

- **Fast –Track to certification**
- **Learn Effective and Practical ESL teaching skills**
- **Job Placement assistance in Canada and Overseas**

**For more information contact:**

**Centre Linguistique du Collège de Jonquière**
50 O'Connor Street, 14th Floor
(The Sun Life Financial Centre)
Tel: 613-566-7004, ext 226 Fax: 613-566-7019
E-mail: silvia.ursini@cjonquiere.qc.ca
www.languages-jonquiere.ca

**COURSE DATES FOR 2009**

**Part-Time:** January 17 – April 25, 2009 (15 weeks) on Saturdays from 9:00 am - 4:15 pm

**Full-Time:** May 4 - 29, 2009 (4 weeks) Monday - Friday from 9:00 am - 3:30 pm

**Sparkle like the superstar that you are!**
Mix and match to create sparkling gold and silver duos like this Quo kit, $15, right. Use a glittery mascara and liner, connect them and voila! Available at Shoppers Drug Mart. **KIM ELBO/FOR METRO CANADA**

# Style

## Add style to your wrapping routine

**Make the task of wrapping gifts more enjoyable this season, or surprise a shoeaholic on your gift list with a cute Mary Jane shoe-style tape dispenser from Scotch Tape. The dispenser holds regular and super-sized rolls of tape. Available now at major retailers nationwide, including Wal-Mart, Staples, Chapters/Indigo, Rexall and Grand & Toy for $10-$14.99. For more information, visit *scotchtape.ca*.** METRO NEWS SERVICE

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Style **File**

**Kim Elbo**
kim.elbo@gmail.com

## Ask Kim

**I was just at a holiday party and got a small stain on my chiffon dress, how can I get the stain out?**

First of all, there are different types of chiffon. If your dress is a poly chiffon (blend of polyester and chiffon), then you can wash it and dry it with no disturbance to the fabric. However, if your dress is silk chiffon, then you'll have to dry clean it, as water or any other liquids can distort the fabric.

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.

# Glam it up this New Year's Eve

**Strapless**
Designer: BCBG
Shop: BCBG
Address: Various locations
*bcbg.com*

**Off the Shoulder**
Designer: Madison Marcus
Shop: Ishara
*shopishara.com*

**Studded**
Designer: Aldo
Shop: Aldo
Address: Various locations
*aldoshoes.com*

**Glitz and Glam**
Designer: Tracy Reese
Shop: Wear Else
*wearelse.com*

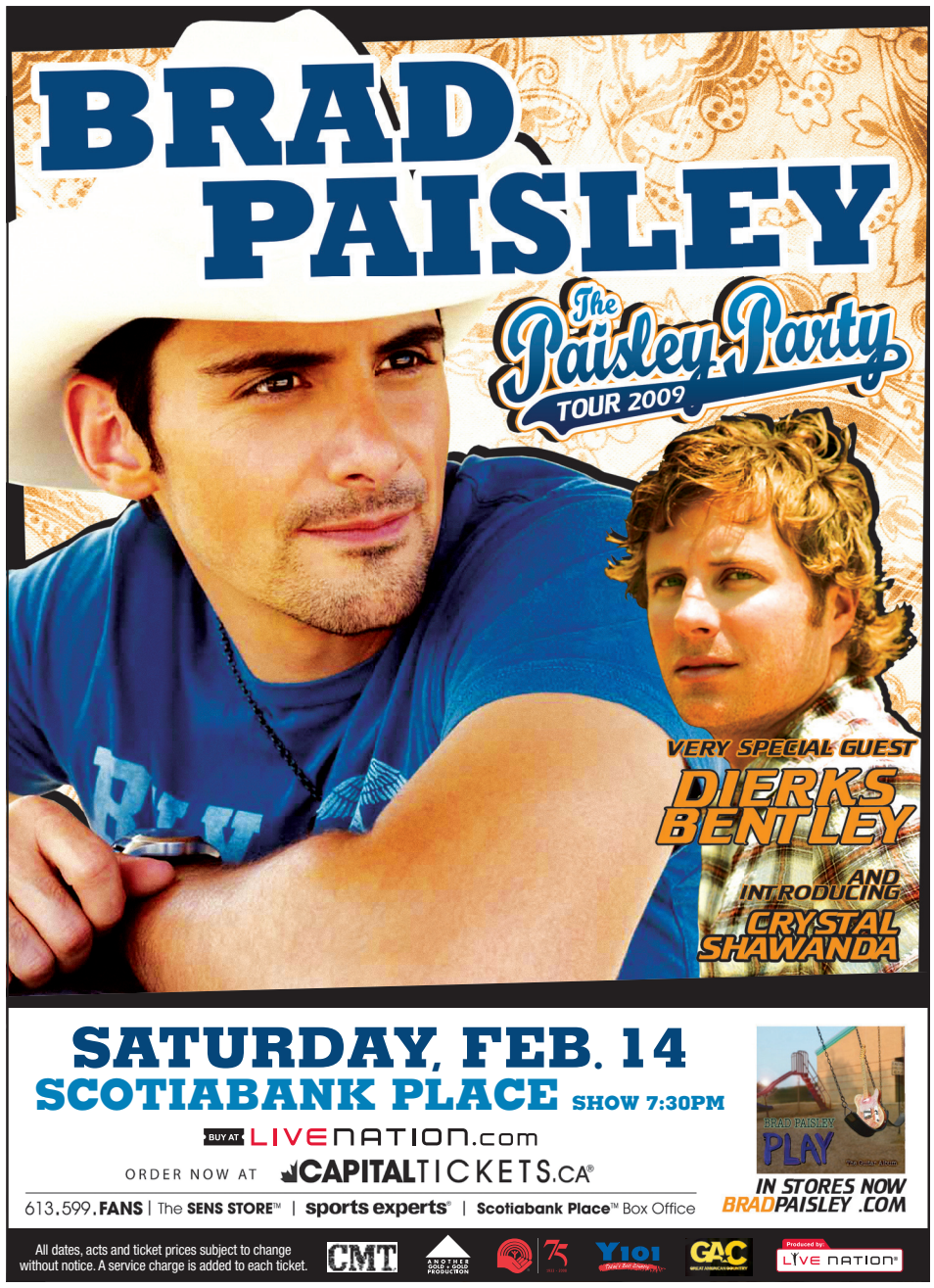
**Jeweled**
Designer: GEOX
Shop: GEOX
Address: Various locations
*geox.com*

## New Year Eve dresses and shoes

I'm sure your New Year's Eve plans have already been set (weeks in advance, of course!), but have you made plans for what you'll be wearing? Well, here's a little guidance to get you going. Shine through the new year and go for glitter and glam — New Year's Eve is usually the only time you can wear a full-on sequined dress. Nix the little black dress idea and go for something with colour to brighten up the night. And if daring enough, sex it up with a strapless mini. For shoes, step into the new year with rocker-worthy studs, zippers and jeweled baubles. If you haven't bought your dress yet and are looking to find shoes first, try buying black based shoes that will go with everything.

GlobalStyle

**Kenya Hunt**
Art meets fashion, exclusively at metronews.ca/globalstyle



**The new Baywatch**
The creator of the hit TV show Baywatch is looking for the next Pamela Anderson to star in a new version of the series based in New Zealand. Anderson starred as lifeguard C. J. Parker in the 1990s series. **IMDB.COM**

# Entertainment

## Next samurai

**Keanu Reeves has signed on to star in 47 Ronin, according to Variety. Set in 18th-century Japan, the film will follow the true story of a group of samurai swordsmen who avenge the death of their master.** **E! NEWS ONLINE**

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

## Pearl Jam raids vaults for Ten

**MUSIC** Pearl Jam has unearthed a host of unreleased tracks and special surprises from its vaults for a reissue of its 1991 debut album, Ten.

Four different editions will be available March 24 from its former Epic Records label; pre-orders begin this week at PearlJam.com.

## Dark Knight score is Oscar eligible

**MUSIC** Officials at the Academy of Motion Picture Arts and Sciences have reversed a decision on the original score from The Dark Knight and deemed it eligible for an Oscar in the original score category.

The executive committee of the academy's music branch initially ruled that there were too many composers involved in the score. **REUTERS**

# New Brandy lacks emotion

## Brandy

**Album:** Human
**Label:** Epic/Sony BMG
**Rating:** 🌐🌐½

**FOR ALL THIS** Grammy-winning singer/actress has endured of late — specifically, a 2006 car accident that resulted in a fatality and ensuing legal fallout from all parties concerned — one would surmise an outpouring of lyrical and musical emotion on Brandy's first new outing in four years. Save for a chilling Shattered Heart, any thankfulness of being alive, being able to love and yearn for love, yada yada yada, is bathed in predictable, repetitive, synth-heavy R&B and all the adult contemporary softness of a white down comforter. Is it really that wrong to occasionally emote some rawness?

**Ian Nathanson/for Metro Canada**

## MusicReviews
music@metronews.ca

## Alice Russell

**Album:** Pot of Gold
**Label:** Little Poppet/Six Degrees/Outside
**Rating:** 🌐🌐🌐½

**HAD THE LIKES** of Amy Winehouse and Aimee Duffy not emerged before her, this U.K. songstress' fourth album would have perked up many ears with her throwback to '60s Motown-meets-Stax soulfulness. What does set Russell apart is her ability to wail away to near ear-piercing screams as if she longs for the attention above the punchy horns and backing choirs. And while she capably works some magic on a slow-burning gospel-tinged cover of Gnarls Barkley's Crazy, much of Russell's efforts come across calculated and flat following the high-energy opening cuts.

**Ian Nathanson/for Metro Canada**

Human is the first album from R&B singer Brandy in four years.

## Coldplay

**Album:** Prospekt's March
**Label:** EMI
**Rating:** 🌐🌐🌐½

**WITH A MEGA-SUCCESSFUL** album released just a few months ago, Coldplay didn't have to release an EP of left over material from their Viva La Vida sessions. But they did, more likely because they actually like their fans than for a cash grab. The eight-track count is a bit misleading though — three songs are remixes of Viva songs and one is a 48-second piano track. Still, the three new tunes are as good as anything off their recent full-length — especially Glass of Water — while the reworked tunes are a nice treat.

**Bryan Borzykowski/for Metro Canada**

## Common

**Album:** Universal Mind Control
**Label:** Geffen/Universal
**Rating:** 🌐🌐

**YOU CAN'T BLAME** Common for wanting to rest his overactive brain — for the last few years he's been the go-to guy for conscious, thoughtful hip hop. On his latest he just wants to have fun, teaming up with Pharrell Williams. What follows are bland, been-there-done-that rhymes and beats. Lets hope he gets this diversion out of his system quickly.

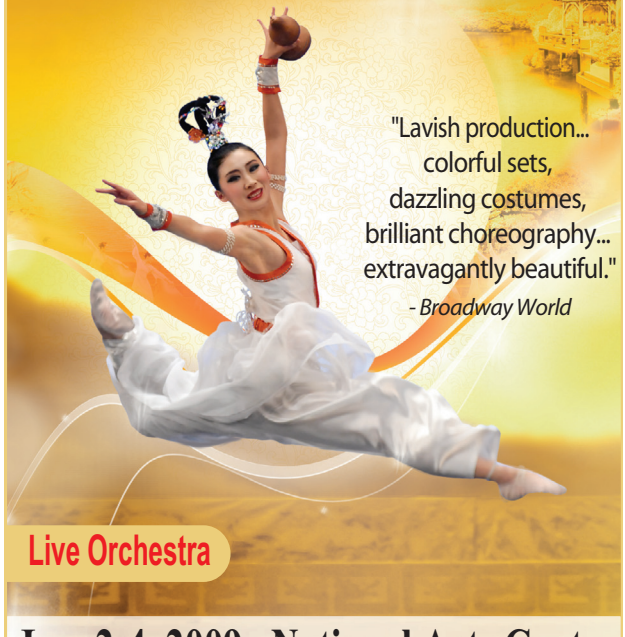
**Bryan Borzykowski/for Metro Canada**

Top 7 Internationally
- Billboard magazine (Feb., 2006)
Formerly Chinese New Year Spectacular**

神韻 DIVINE PERFORMING ARTS 藝術團

Holiday Gift Idea

20-COUNTRY WORLD TOUR



"Lavish production... colorful sets, dazzling costumes, brilliant choreography... extravagantly beautiful."
- Broadway World

Live Orchestra

Jan. 2-4, 2009 National Arts Centre

ticketmaster.ca / 613.755.1111 • nac.ca / NAC Box Office
hotline: 613.314.4291 • Groups: 613.853.7494

Student & Group discounts: 15%-25%*
* N/A to Mezzanine boxes.
** In 2007, Ottawa show sold out 5 weeks in advance.

DivineArts.org • Presented by Falun Dafa Association & NTDTV

Food + Entertaining

YAHOO! CANADA LIFESTYLE
Everything about life, updated every day.

HOLIDAY PLANNING CHECKLIST

*Getting and keeping your family organized over the holidays can be a daunting task, but do it right and your holidays will be stress-free!*

As soon as December hits, most of us get caught up in the whirlwind that is the holiday season. This time of year usually requires a lot of planning, not to mention great organizational skills. To help you have a happy, healthy, and stress-free holiday, we've created a holiday checklist, filled with simple, time-sensitive reminders that will help you stay on track.

3 weeks before
- Create a holiday budget.
- Make a list of all the gifts you want to buy and for whom. Keep a copy on you at all times.
- Make an appointment with your stylist (and/or manicurist, massage therapist, etc.).

(continued online...)

Health + Fitness
Fashion + Beauty
Home + Garden
Family + Relationships

To read more, visit lifestyle.yahoo.ca

**No more Jurassic Park**
Movie producers have ruled out a fourth Jurassic Park blockbuster because they say the story died with author Michael Crichton. IMDB.COM



# NBC cashes in on Leno's leap

IntelleVision

Rick McGinnis
rick.mcginnis@metronews.ca

**WHAT HAPPENED?** Two weeks ago, the likely defection of Jay Leno for ABC to compete with Conan O'Brien, his network-appointed successor, looked like little more than a slap fight between agents.

It looked like a power play whose significance wasn't resonating far beyond the few square miles beyond Wilshire Boulevard and La Brea Avenue.

Today, however, it seems like NBC's decision to give Leno his own 10 p.m. show, Monday to Friday, leaping from late night to primetime, was something like doubling down and betting everything on black.

Increasing the number of unscripted hours on primetime and cutting back on the hour-long dramas that have traditionally filled the slot is playing out like a cross between canceling the Beverly Hillbillies and storming the Bastille.

"The model for network television is basically broken," said Rino Scanzoni, CIO for the media division of WPP, a Dublin-based communications firm, in a New York Times story. "They cannot continue to go down this path," he added ominously.

He said that the new Leno show could be "positive for the advertising community."

Viewers, Scanzoni told the Times, are spending more time "snacking" on TV programs "instead of digesting them week in and week out," a trend his industry sees reflected in the wild, viral popularity of clips from comedy and variety shows on YouTube and Hulu.

Leno's new show would be even more likely to feature integrated product placement and interstitials with local news talent that will make affiliates happy, speculated a host of ad and media types interviewed by the Times.

**You get the feeling that all this talk about numbers and integration is leaving wet chairs in boardrooms and offices from coast to coast and even overseas.**

You get the feeling that all this talk about numbers and integration is leaving wet chairs in boardrooms and offices from coast to coast and even overseas.

It's nice to know that someone's going to have a merry Christmas this year.

It's bad news for out-of-work actors and film crews in Los Angeles and New York, though, according to the L.A. Times.

"Now the hits don't pay for all of the failures," Laura Caraccioli-Davis, executive VP of Starcom, a Chicago ad agency, told the L.A. Times.

"And the advertising community won't pay for all failures either," Caraccioli-Davis said.

"The threshold for this show is lower than for a scripted program," said Marc Graboff, co-chairman of NBC Entertainment.

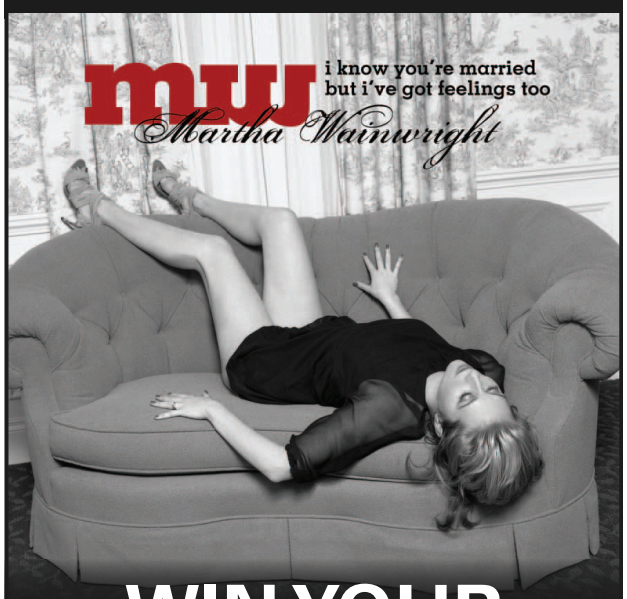
"Broadcast television can never be the way that it has been for the last 50 years because of all the structural changes going on in our industry."

"But we are offering something to our advertisers that is more innovative," Graboff added. "And it's a topical show, so that jmakes it somewhat digital-video-recorder-proof."

It's strange, though, that the innovation on which NBC, at least, is setting so much of its future looks so very much like something Steve Allen would have hosted almost 50 years ago. It's too much irony, even for me.

Rick McGinnis writes about music, movies, books and television, but not opera.

MARTHA WAINWRIGHT LIVE!
Bronson Centre - Dec. 20th




WIN YOUR WAY IN!

Enter for your chance to win a pair of tickets to see Martha Wainwright perform at the Bronson Centre. Email **win@metronews.ca** to enter!

metro
Do it daily.

No purchase necessary. Prizes are non-transferrable nor redeemable for cash. Odds of winning vary with the number of entries received. Contest closes Dec. 18th, 2008

# Critics pick Milk as best film of 2008

**AWARDS** Milk, a movie about slain U.S. gay politician Harvey Milk starring Sean Penn, was named the best picture of 2008 yesterday by the New York Film Critics Circle, throwing the top award category wide open in the race for the Oscars.

Sean Penn

The New York Film Critics Circle honours are the third major awards of Oscar season following the Los Angeles Film Critics Association, which named animated feature Wall-E the best picture, and the National Board of Review, which last week named Slumdog Millionaire.

Such critical nods are helpful for movie studios' marketing campaigns as they jockey for attention for their films before the Academy Awards, the industry's top honors, in February. Actress Penelope Cruz picked up best supporting actress for Vicky Cristina Barcelona. REUTERS

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

| OT | | Vu | SC | C | | 7:00 | 7:30 | 8:00 | 8:30 | 9:00 | 9:30 | 10:00 | 10:30 | 11:00 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 12/11/08 | primetime | 265 | 353 | 2 | TVO | Wright Bros Flying Machine | | The Agenda With Steve Paikin | | Foyle's War "All Clear" | | Hermitage-niks | Hermitage-niks | Agenda-Paikin |
| | | 211 | 331 | 3 | GTV | ET Canada | Entertainment | Survivor: Gabon (N) | | The Office (N) | Billable Hours | NUMB3RS | | News (N) |
| | | - | - | 5 | SRC | Virginie (SC) | Houde | Zone doc (N) (SC) | | C.A. (N) (SC) | C.A. (N) (SC) | Le Téléjournal (N) (SC) | | La Zone |
| | | 209 | 342 | 6 | CHRO | Instant Star | TMZ (N) | *Eve's Christmas* (2004, Comedy-Drama) Elisa Donovan. | | | | (10:01) Eleventh Hour | | News (N) |
| | | 196 | 311 | 7 | CTV | Hollywood | etalk | CSI: Miami | | CSI: Crime Scene Invstgtn. | | (10:01) ER (HDTV) (N) | | News (N) |
| | | 208 | 303 | 8 | CBC | NHL Hockey Tampa Bay Lightning at Montreal Canadiens. (HDTV) (Live) | | | | | | CBC News: The National | | The Hour |
| | | - | 360 | 9 | NBC | Wheel-Fortune | Jeopardy! (N) | Name Is Earl | Kath & Kim (N) | The Office (N) | 30 Rock | (10:01) ER (HDTV) (N) | | News (N) |
| | | 117 | 713 | 10 | TVA | La Fièvre de la danse (SC) | | *Noël avec les Krank* ★★ (2004, Comédie) Tim Allen. | | | | TVA 22 heures | (10:45) La Vraie nature | |
| | | - | - | 11 | QS | Qui mijote? | Qui mijote? | Quand le country dit bonjour | | Pushing Daisies (SC) | | Cent dix pour cent (SC) | | Msr Showbiz |
| | | 137 | 763 | 12 | TFO | Panorama | | Rêver le francais | | *Quai des orfèvres* ★★★ (1947, Policier) Louis Jouvet. | | | | Volt |
| | | - | 362 | 13 | CBS | Dr. Phil (HDTV PA) (N) | | Survivor: Gabon (N) | | CSI: Crime Scene Invstgtn. | | (10:01) Eleventh Hour | | Two/Half Men |
| | | 216 | 395 | 14 | OMN2 | Cold Case "Honor" | | News (N) | | News (N) | | Two/Half Men | King | Cold Case |
| | | 214 | 344 | 15 | CITY | Law & Order: SVU | | Ugly Betty (HDTV) | | 30 Rock | 30 Rock | Friends | Friends | News (N) |
| | | 115 | 343 | 16 | CFMT | Two/Half Men | The Simpsons | News (N) | | Vivere II | News (N) | The Simpsons | King of the Hill | Metropia |
| | | 218 | 345 | 18 | E! | The Insider (N) | E! News | Secret Millionaire (N) | | Smarter Than a 5th Grader? | | X-Weighted | | News (N) |
| | | - | 361 | 20 | ABC | News (N) | Entertainment | Ugly Betty (HDTV) | | Grey's Anatomy | | (10:01) Private Practice | | News (N) |
| | | 512 | 396 | 24 | CPAC | La Période de questions | | Heure polit. | L'Heure politique | | | | Revue | Période-quest. |
| | | 651 | 355 | 25 | CTS | Happy Days | Laverne | Michael Coren Show | | 100 Huntley Street | | Life Today | This Is Day | John Hagee |
| | | - | 365 | 36 | FOX | TMZ (N) | Seinfeld | Secret Millionaire (N) | | Smarter Than a 5th Grader? | | News (N) | | News |
| | | - | - | 64 | PBS | Business Rpt. | Ready Digital | Yes, Minister | Time Goes By | Monarch of the Glen | | Poirot | | Tavis Smiley |
| | news | 205 | 312 | 104 | CTV | Hollywood | etalk | CSI: Miami | | CSI: Crime Scene Invstgtn. | | (10:01) ER (HDTV) (N) | | News (N) |
| | | 502 | 390 | 26 | NW | CBC News | Newman | The Hour | | CBC News: The National | | The Nature of Things | | National |
| | | 500 | 500 | 33 | CNN | Lou Dobbs Tonight | | Campbell Brown: No Bias | | Planet in Peril: Battle Lines | | | | Cooper 360 |
| | sports | 406 | 417 | 27 | net | Darts World Premier League. | | | | Best Damn Sports Show | | Sportsnet Connected | | Hockey Central |
| | | 126 | 730 | 28 | RDI | 24 Heures en 60 minutes | | Grands reportages (SC) | | Le Téléjournal (SC) | | RDI en direct | Le National | Le Téléjournal |
| | | 400 | 280 | 30 | TSN | That's Hockey! | Madden Nation | NFL Football New Orleans Saints at Chicago Bears. From Soldier Field in Chicago. | | | | | | SportsCentre |
| | | 410 | 403 | 52 | SCR | Score on NFL | Woodbine Year in Review | | Poker Million Pound Challenge. | | Score Tonight | | NBA Basketball | |
| | | 411 | 457 | 56 | OLN | (6) The Amazing Race 6 | | Crusoe "Sacrifice" | | Survivorman | | Pilot Guides "Vietnam" | | Pilot Guides |
| | | 417 | 406 | 59 | SC | Pinks | Pass Time | Pinks -- All Out | | Pinks -- All Out (HDTV) | | Wrecked | Wrecked | Pinks |
| | family | 554 | 544 | 48 | TEL | Santa Claus | Bugs Bunny & Tweety Show | | Wayside | Johnny Test | Futurama | The Critic | Robot Chicken | Code Monkeys |
| | | 557 | 540 | 51 | FAM | Wizards-Place | That's-Raven | Zack & Cody | Natural-Sadie | Han. Montana | Life Derek | Ned's School | Cory in House | Zack & Cody |
| | | 551 | 542 | 65 | YTV | Home Improve. | Home Improve. | Sabrina-Witch | Sabrina-Witch | Futurama | Prank Patrol | Mystery Hnt. | Adrenaline Proj | Mystery Hnt. |
| | cable variety | 570 | 580 | 29 | MM | mmmtop | Back In | Cher: The Farewell Tour | | Listed | | Gene Simmons | Gene Simmons | Party of Five |
| | | 615 | 520 | 31 | A&E | CSI: Miami "Rap Sheet" | | The First 48 (HDTV) | | The First 48 (HDTV) | | The First 48 (HDTV) | | Manhunters |
| | | 628 | 584 | 32 | SPKE | CSI: Crime Scene Invstgtn. | | CSI: Crime Scene Invstgtn. | | TNA iMPACT! (HDTV) (N) | | | | Ult. Fighter |
| | | 521 | 560 | 34 | TLC | Overhaulin' "Episode 18" | | American Chopper | | American Chopper | | LA Ink (HDTV) (N) | | Amer. Chopper |
| | | 145 | 761 | 35 | TV5 | Toute une histoire | | Club social | | Envoyé spécial | | | Cité guide | Journal TV5 |
| | | 616 | 521 | 39 | SHO | Painkiller Jane | | ReGenesis (HDTV) | | Trailer Park | Trailer Park | NUMB3RS "Velocity" | | House |
| | | 620 | 523 | 40 | BVO | Desperate Housewives | | Snapshot | In the Mind ... | *These Girls* ★★ (2005, Comedy) | | | Bravonews | Law & Order |
| | | 520 | 505 | 42 | DIS | Daily Planet (N) | | Impact Earth | | | | MythBusters | | Daily Planet |
| | | 575 | 583 | 43 | CMT | Tara Oram's Christmas Carol | | Home Improve. | Home Improve. | Reba | Reba | Hope & Faith | Hope & Faith | Gone Country |
| | | 601 | 562 | 45 | SLC | Til Debt-Part | Rich Poor | Bulging Brides | Bulging Brides | 10 Pounds | Last 10 | The Biggest Loser The winner is revealed. | | |
| | | 625 | 548 | 46 | COM | Air Farce | Just for Laughs | | Corner Gas | The Simpsons | South Park | VIP | Choc. News | Daily Show |
| | | 294 | 529 | 47 | TBS | House-Payne | House-Payne | Friends | Friends | *Rat Race* ★★ (2001, Comedy) Rowan Atkinson. | | | | Friends |
| | | 600 | 564 | 49 | H&G | House Hunters | Property Virgin | Holmes on Homes | | The Fix | Disaster DIY | Home to Flip | Real Renos (N) | Holmes-Homes |
| | | 627 | 528 | 50 | SPC | Lost "Not in Portland" | | Star Trek: Voyager | | Stargate SG-1 | | Chuck (HDTV) | | Stargate SG-1 |
| | | 581 | 566 | 53 | MTV | Busted | After | MTV News | Cribs | The Hills | After Show | Whitney: From The Hills to The City (N) | | |
| | | 618 | 524 | 54 | TROP | Beverly Hills, 90210 | | Make or Break | What Happen? | Family Guy | Seinfeld | Seinfeld | Frasier | Family Guy |
| | | 522 | 506 | 55 | HIS | NCIS | | Lost Worlds | | Finding the Fallen | | NCIS | | Crime Stories |
| | | 129 | 773 | 60 | CD | Biographies | | Dossiers justice (HDTV) | | Dossiers FBI (HDTV) | | Autopsie | | Images-chocs |
| | | 261 | 394 | 61 | V | Murder, She Wrote | | Darling Buds of May | | *A Christmas Carol* (2000, Fantasy) Ross Kemp. | | | Silent Night | 7th Heaven |
| | | 602 | 567 | 62 | W | Will & Grace | Friends | Divine Design | House | Confidential | Save Us-House | Divine Design | House | Love It-List It |
| | | 269 | 350 | 70 | APTN | Suaangan | Wapos Bay | By the Rapids | renegadepress | *The Fugitive* ★★★ (1993, Suspense) Harrison Ford, Tommy Lee Jones. | | | | |
| | | 621 | 527 | 71 | TLK | The Ellen DeGeneres Show | | TMZ (N) | etalk | Look-A-Like | eTalk | The Tonight Show-Jay Leno | | TMZ |
| | | 603 | 561 | 95 | FN | The Main | Chef at Home | Restaurant Makeover | | Unwrapped | Secret Life of | Jamie at Home Christmas Spe | | Restaurant |

## critics' corner

**Kath & Kim**
Beware of the enormous amount of holiday cliches! In an effort to find some "couple friends," Kath and Phil (Molly Shannon, John Michael Higgins) decide to host a Christmas party with the mall security guard, Pete (David Koechner), and his wife as the guests of honor. Meanwhile, Kim and Craig (Selma Blair, Mikey Day) find their friendship with Derrick (Jay Phillips) tested at the Circuit Surplus holiday bash. 8:30 PM on 9 NBC

**Jamie at Home Christmas Special**
So you always burn the potatoes, your mince pie is dry, and your gravy looks like hazardous waste? Relax. Jamie Oliver has your back — and your roasting pan. He takes viewers through the steps of making a traditional holiday dinner, from prepping the bird to making the perfect pie. Have a blank tape or DVD handy for this one. 10 PM on 95 FN

**Sex And The City sequel not finalized: Nixon**
Actress Cynthia Nixon has downplayed the frenzy surrounding plans for a Sex And The City: The Movie sequel, insisting the cast has yet to sign contracts for the project. **IMDB.COM**

# Celebrity Buzz

## Jessica predicts proposal near

**RELATIONSHIPS** Singer Jessica Simpson is reportedly convinced that her boyfriend Tony Romo is going to propose.

An unidentified source tells Star magazine that Simpson "is 'convinced' that Tony plans to propose over the holidays."

The pal says Romo let the cat out of the bag by needling her about the diamond she received from ex-husband Nick Lachey.

Simpson's reps deny the story.

**METRO WORLD NEWS**

## Aniston: Stop the love gossip!

**RELATIONSHIPS** Actress Jennifer Aniston is "sick" of the interest in her relationship with John Mayer, imdb.com reports.

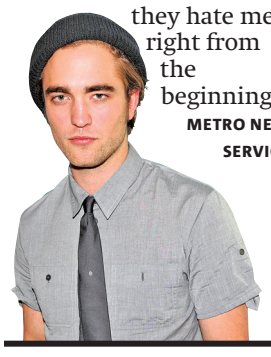
"I think it's ridiculous, the interest in my life .... I feel like telling people, 'You know what? It's none of your f—ing business.' Seriously, it's enough."

**METRO NEWS SERVICES**

## Pattinson likes 'crazy' women

**DATING** Twilight star Robert Pattinson tells Closer magazine he likes his ladies to be "mental, strong women," imdb.com reports.

"The stuff I find attractive in women, I always regret finding attractive. I always like a kind of madness in a woman, and when they are really, really strong. And they're the worst — mental, strong women! But I like it when they hate me right from the beginning."



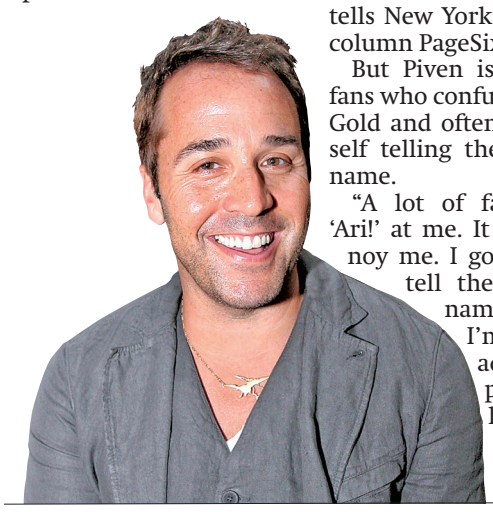
**METRO NEWS SERVICES**

# Piven's role inspires actors

**PEOPLE** Jeremy Piven's character in Entourage has inspired actors to fire their real-life agents, according to the star.

Piven plays Ari Gold, a straight-talking Hollywood representative, in the hit show, and the role has had a profound effect on actors who watch the series, imdb.com reports.

"The best are the other actors who tell me they've fired their agent because they want a rep who's more like Ari. All you can do is try to tell them not to base real-life decisions on fictional characters," Piven tells New York Post gossip column PageSix.



But Piven is baffled by fans who confuse him with Gold and often finds himself telling them his real name.

"A lot of fans scream 'Ari!' at me. It doesn't annoy me. I go right over, tell them my real name and that I'm just the actor who plays Ari," he says.

**METRO NEWS SERVICES**

# I did 'stupid, crazy things': Williams

**PEOPLE** Actress Michelle Williams did "stupid, crazy things" when she was growing up as an aspiring actress, but the experiences helped her prepare for the future, imdb.com reports.

Williams was so eager to pursue an acting career she distanced herself from her disapproving parents when she was 15 and left school.

She shot to fame in 1998 when she appeared in the hit teen show Dawson's Creek and her fame was further propelled by her role in 2005's Brokeback Mountain, for which she received an Academy Award nomination.

Now, at 28, Williams can see she took a huge risk by branching out by herself to try to carve a career in Hollywood.

"Hindsight. Isn't it great? The risks of going into L.A. at such an early age are huge," she tells Parade.com. "At the time, I was invincible. I thought I was on top of the world. I didn't realize what I was doing. But I wouldn't trade any of those experiences for anything in the world. I am who I am because of them. I had a lot of growing up to do and it was slammed into a couple of short years. I did stupid, crazy things. But those stupid crazy things prepared me to deal with future."

**METRO NEWS SERVICES**

# Mariah wants weddings yearly

**MARRIAGE** Singer Mariah Carey wants to have a wedding every year, femalefirst.co.uk reports.

Carey, who married Nick Cannon last April, is reportedly planning a lavish ceremony for their first anniversary, and one every year after that.

"We'll definitely get (friends and family) involved in another celebration, though. We've been talking about doing a bigger wedding on our first anniversary. And maybe another one every year," Carey says.

Only eight people attended Carey and Cannon's low-key ceremony in the Bahamas, and Carey, who was previously married to record executive Tommy Mottola, says it was perfect.

"I wanted the opposite of what I did the first time," she tells Britain's Hello! Magazine. "Nick and I wanted it to be about us, no fuss, no worrying about everyone else's opinions. I can honestly say that my wedding to Nick was the most beautiful day of my life. For once it wasn't all about the hoopla."

**METRO NEWS SERVICES**

GETTY IMAGES PHOTOS

# Eloping mistake, Cruise tells Spencer and Heidi

**ADVICE** Actor Tom Cruise has told reality TV star Spencer Pratt he made a mistake by eloping with Heidi Montag, imdb.com reports.

The Hills co-stars jetted off to Mexico last month to tie the knot in secret, despite Montag's previously expressing her desire for a big family ceremony.

Cruise is convinced Pratt has made a mistake that will come back to haunt him. When asked to offer advice to the newlyweds, Cruise told MTV, "If the girl wants the wedding, you gotta do the wedding. It's a special occasion, and she'll remember it forever. Spencer, dude ... you'll realize this later."

Pratt has since responded to Usmagazine.com conceding, "You all know how I feel about big weddings, but if Tom Cruise says so, it must be true. If Tom's the best man, we'll have a big wedding!"

**METRO NEWS SERVICES**

## Tomei studied strippers for role

**CAREER** Oscar winner Marisa Tomei studied rocker Bret Michaels' raunchy reality show Rock Of Love as part of her stripper research for new movie The Wrestler, imdb.com reports.

The actress tried pole dancing, too, just to make sure she'd look authentic in her film debut as an exotic dancer.

"I would practise in a dance room with a bar and a mirror, like a ballet studio. I watched Rock of Love, that reality show with Bret Michaels, where he's trying to get a wife and they're all strippers. That was my closest association to the actual world of it."

**METRO NEWS SERVICES**

## Swift has strict dating rules

**RELATIONSHIPS** Newly single teen singer Taylor Swift has written a set of strict dating rules to ensure she attracts a better boyfriend than her ex Joe Jonas, femalefirst.co.uk reports.

"I have this rule: I don't call a guy first. And you can't ever send two text messages in a row," Swift tells TheBoot.com. "If you're like, 'I need to talk to you' all the time, (or) 'Why didn't you call me back?'... If you're that girl, then nobody's going to want to date you."

**METRO NEWS SERVICES**

The Weather Network
TWN incorporates MSC data

Today
Variable
-10° / -12°

Friday
Flurries
80%
-4° / -15°

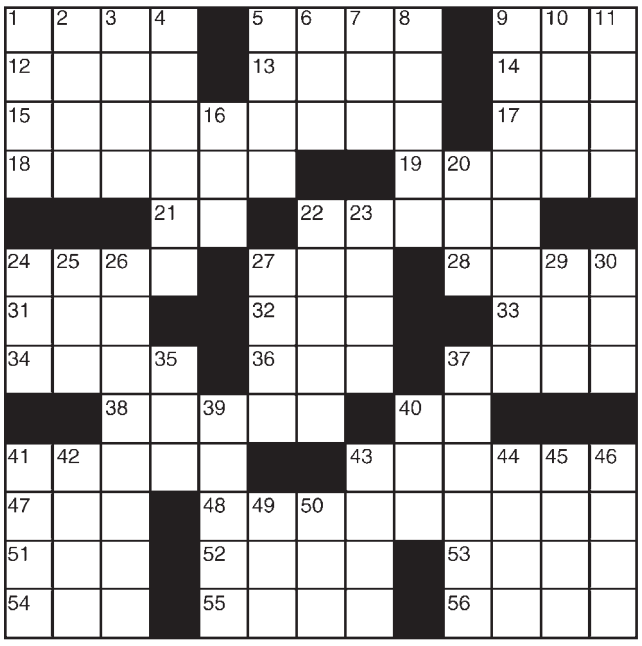
Saturday
Mainly sunny
-13° / -15°

MORE RELIABLE THAN YOUR EX-BOYFRIEND
WeatherEye: Delivering real-time weather and severe weather warnings, right to your desktop...
Go to theweathernetwork.com/desktop to download your free WeatherEye.
The Weather Network
Anytime, Anywhere, Anyhow



# Take Five

For more delicious Metro recipes, visit: **metronews.ca/food**



## Crossword across

1 Maintained
5 Flavor enhancer
9 Expert
12 Reed instrument
13 Follow instructions
14 Lubricant
15 China
17 Vitamin stat
18 Reddish blue
19 Skiers' mecca
21 Perform
22 Bean or pony
24 Info
27 Bawl
28 Kennel cries
31 Lennon's lady
32 Raw rock
33 Bribe
34 Bacterium
36 Performance
37 Catherine — -Jones'
38 "Honeymooners" role
40 Poet Housman's initials
41 Brother of Groucho
43 Collar
47 Disencumber
48 Photographer's resume
51 Work unit
52 Reverberate
53 Recedes
54 Teensy
55 Call a halt to
56 Back talk

## Crossword down

1 Pueblo dweller
2 Black, in verse
3 Parliament VIP
4 Make up your mind
5 Unaccompanied
6 "The — Daba Honeymoon"
7 Mainlander's memento
8 Theater critic Kenneth
9 Dolphin
10 Carnival attraction
11 "The Good Earth" heroine
16 Id counterpart
20 Pigs' digs
22 Veranda
23 "Yeah, right"
24 Follow relentlessly
25 Inseparable
26 Bears' food?
27 Daytime drama
29 Cauldron
30 Hot tub
35 Singer Davis
37 All but one in a million?
39 Runs easily
40 "Bow-wow!"
41 Captain's group
42 Take on
43 On
44 Exile isle
45 Parent sharers
46 Pitch
49 Halloween abbr.
50 Pi follower

## Sudoku

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 4 | 1 | | | 5 | | |
| 6 | 7 | | | 2 | 9 | | | |
| 5 | | | 6 | | | | 2 | |
| 7 | | | | 5 | | | | 9 |
| | | 9 | | | | 4 | | |
| 8 | | | | 3 | | | | 1 |
| | 1 | | | | 8 | | | 5 |
| | | | 4 | 1 | | | 3 | 2 |
| | | 6 | | | 2 | 7 | | |

**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**

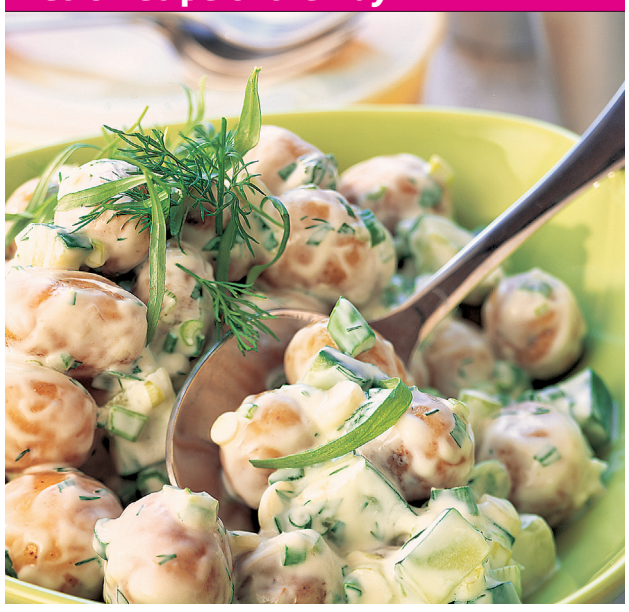
| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | G | U | E | ■ | W | O | K | ■ | A | P | S | E |
| M | O | S | T | ■ | E | R | E | ■ | S | U | E | R |
| P | U | S | H | C | A | R | T | ■ | P | L | A | N |
| S | T | R | O | L | L | ■ | C | H | I | L | L | S |
| ■ | ■ | ■ | S | I | T | ■ | H | E | R | O | ■ | ■ |
| M | A | P | ■ | P | H | D | ■ | W | I | V | E | S |
| O | P | U | S | ■ | Y | E | W | ■ | N | E | R | O |
| B | E | L | C | H | ■ | W | E | N | ■ | R | A | Y |
| ■ | ■ | ■ | L | O | A | D | ■ | L | O | U | ■ | ■ |
| B | E | M | U | S | E | ■ | L | A | P | T | O | P |
| A | L | A | R | ■ | P | U | S | H | P | I | N | S |
| S | U | N | G | ■ | O | N | E | ■ | E | M | U | S |
| E | L | S | E | ■ | T | O | T | ■ | R | E | S | T |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 3 | 7 | 4 | 6 | 2 | 1 | 5 | 8 | 9 |
| 2 | 8 | 6 | 9 | 7 | 5 | 4 | 3 | 1 |
| 1 | 9 | 5 | 4 | 3 | 8 | 2 | 6 | 7 |
| 5 | 4 | 2 | 1 | 8 | 3 | 9 | 7 | 6 |
| 7 | 6 | 8 | 2 | 4 | 9 | 1 | 5 | 3 |
| 9 | 1 | 3 | 5 | 6 | 7 | 8 | 2 | 4 |
| 4 | 3 | 9 | 7 | 5 | 2 | 6 | 1 | 8 |
| 8 | 2 | 1 | 3 | 9 | 6 | 7 | 4 | 5 |
| 6 | 5 | 7 | 8 | 1 | 4 | 3 | 9 | 2 |

**SUDOKU SOLVE TIME:**

Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

## Metro Recipe of the Day



### New Potato Salad

**INGREDIENTS:**

2 lbs (900 g) tiny new potatoes, washed
2 tbsp (25 mL) dry white vermouth or dry white wine
1 tsp (5 mL) white wine vinegar, or to taste
Pepper to taste
1 garlic clove, finely chopped
4 tbsp (60 mL) low-fat mayonnaise
6 tbsp (90 mL) plain low-fat yogurt
1/2 large firm cucumber, diced
1/3 cup (75 mL) scallions, thinly sliced
4 tbsp (60 mL) chopped fresh dill
2 tbsp (25 mL) chopped fresh tarragon
Fresh dill and tarragon leaves to garnish

**METHOD:**

1. Cook potatoes in a saucepan of boiling water just until tender, about 10 minutes. Drain and return them to the pan. Set over a low heat and shake them around for a few minutes to evaporate any moisture. Transfer the potatoes to a mixing bowl and leave to cool for about 5 minutes.
2. Sprinkle vermouth or wine and wine vinegar over potatoes. Season with pepper. Turn potatoes to mix, then leave to cool completely.
3. Meanwhile, mix garlic, mayonnaise and yogurt in a small bowl until smooth.
4. When potatoes are cool, add cucumber, green onions, dill and tarragon. Spoon on mayonnaise and yogurt mixture, and stir gently to mix. Serve at room temperature or chilled, garnished with dill and tarragon leaves.

**SERVES 4**

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

## Horoscopes

AVATAR VENUS

**ARIES**
**MARCH 21-APRIL 20**
A difficult learner forces an investigation. Indecision presents a formidable dilemma. An opponent brings things to conclusion.

**TAURUS**
**APRIL 21-MAY 21**
Timing is crucial to finalize a deal. A man presents an absurd challenge. Alertness is required when visiting old folks.

**GEMINI**
**MAY 22-JUNE 21**
A loved one's insignificant indulgence is allowed. Optimism can lead to clearer thinking. An older man's helpfulness may be denied later.

**CANCER**
**JUNE 22-JULY 22**
A close friend's trust is an eye-opener. Take responsibility for someone's heart. Your patience will be rewarded.

**LEO**
**JULY 23-AUG 23**
Avoid any risk-taking while travelling. You're too eager for the weekend. Use your head and all will be well.

**VIRGO**
**AUG 24-SEPT 22**
Be there for someone who expects you to make the first move. A friend pulls you out of a bad situation. A computer failure will seem suspicious.

**LIBRA**
**SEPT 23-OCT 23**
A milestone is reached in a love affair. Thoughtlessness results in a shake-up. Crowds can get nasty when someone backs out of a promise.

**SCORPIO**
**OCT 24-NOV 22**
Resist delectable food to keep your weight down. Keep no secrets from your friends. A lost pet causes heartache.

**SAGITTARIUS**
**NOV 23-DEC 21**
A heartrending story will shock and dismay you. A friend will sustain a storm of criticism. Situations will engineer their own corrections.

**CAPRICORN**
**DEC 22-JAN 20**
A haughty man creates a disturbance. You might not get a job finished. A lack of co-operation can be rectified after lunch.

**AQUARIUS**
**JAN 21-FEB 18**
Something new will give you pleasure. Roll up your sleeves and get to work. You're willing to fight for dignified treatment.

**PISCES**
**FEB 19-MARCH 20**
Be sceptical if offered investment advice. Someone is arranging a private deal. Work as hard and as quickly as possible.

PSSST!
SO I HEAR YOU WANNA BE A FILMMAKER EH?
WELL HAVE I GOT THE PLACE FOR YOU.
Why don't you drop by Ottawa's ONE STOP ZONE for indie filmmakers, The Independent Filmmakers Co-operative of Ottawa (IFCO)? Learn the "reel" deal about filmmaking. We offer:
TRAINING (WORKSHOPS)
FILMMAKING EQUIPMENT (CAMERAS & OTHER EQUIPMENT)
SCREENING OPPORTUNITIES (CINEMAS & FESTIVALS)
LEARN MORE TODAY!
www.ifco.ca • 613-569-1789

OTTAWA'S ONLY DRUM SHOP
390 Gladstone Ave.
Ottawa, ON K2P 0Z1
Mon-Wed 10am-6pm
Thurs & Fri 10am-8pm
Sat 10am-5pm
Dave's DRUM SHOP Inc.
Toll Free 1 866 553 DRUM
613-594-DRUM
that's 613-594-3786
www.davesdrumshop.com

FLIGHT CENTRE Unbeatable
LAS VEGAS
$195*
Imperial Palace
+ taxes & fees $230
INCLUDES roundtrip airfare and 4 nights 3-star accom on the Strip.
UPGRADE to 4-star from $8 per night. Departs Dec 14/swg/wg.
1 866 720 4853 | flightcentre.ca
Conditions apply. Ex:Ottawa *Ex. Montreal. Package price is per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change. swg/wg=sunwing. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384
TICO

# Westend Automotive.com

**2000 CHEVROLET IMPALA**

$3,995 — Leather Interior

**2001 DODGE CARAVAN**

$3,995 — 1 Owner

**2002 FORD FOCUS WAGON**

$4,995 — $49 Bi-Weekly

**2003 DODGE NEON 2.0SX**

$5,995 — 33,000 Kilometers

**2003 HYUNDAI ACCENT**

$4,995 — $49 Bi-Weekly

**2003 HYUNDAI ELANTRA**

$7,995 — $79 Bi-Weekly

**2003 JEEP LIBERTY**
4 IN-STOCK

STARTING AT: $9,995 — $99 Bi-Weekly

**2003 KIA RIO RXV**

$6,995 — 49,000 Kilometers

**2003 NISSAN SENTRA**

$6,995 — $69 Bi-Weekly

**2004 ACURA MDX**

$22,995 — 7 Passenger

**2004 CHEVROLET AVEO**

$6,995 — $69 Bi-Weekly

**2004 CHEVROLET MALIBU**
2 IN-STOCK

$7,995 — $79 Bi-Weekly

**2004 CHEVROLET VENTURE**
65,000 KILOMETERS

$8,995 — $89 Bi-Weekly

**2004 CHRYSLER PACIFICA**

$14,995 — DVD Player

**2004 CHRYSLER PT CRUISER**
3 IN-STOCK

$9,995 — $99 Bi-Weekly

**2004 DODGE DAKOTA QUAD**

$8,995 — $89 Bi-Weekly

**2008 CHRYSLER SEBRING**
1 IN-STOCK

$14,995 — HEATED Seats

**2004 FORD F150**

$9,995 — $99 Bi-Weekly

**2004 FORD MUSTANG CONVERT.**

$13,995 — 50,000 Kilometers

**2004 HONDA PILOT**

$19,995 — 8 Passenger

**2004 JEEP GRAND CHEROKEE**
2 IN-STOCK

STARTING AT: $10,995 — $109 Bi-Weekly

**2004 HYUNDAI SONATA**

$7,995 — $79 Bi-Weekly

**2004 MAZDA 3**
5 IN-STOCK

$11,995 — $119 Bi-Weekly

**2004 MAZDA MPV**
5 IN-STOCK

STARTING AT: $7,995 — $79 Bi-Weekly

**2004 MAZDA RX8**
LEATHER

$16,995 — GT Model

**2004 PONTIAC GRAND-AM**

$5,995 — $59 Bi-Weekly

**2004 SATURN ION**

$6,995 — $69 Bi-Weekly

**2004 TOYOTA 4-RUNNER**
2 IN-STOCK

STARTING AT: $19,995 — AWD Model

## HOT DEAL!

## 2004 DODGE DURANGO

2 IN-STOCK

## ONLY $16,995

Heated mirrors, Heated seats, Memory Seat, Fog Lights, Automatic, Black exterior, Grey interior, AM/FM Stereo, Air Conditioning, Alloy Wheels, Anti-lock brakes, CD Player, Dual Air Bags.

44,000 Kilometers

**2004 VOLKSWAGEN GOLF**

$13,995 — 28,000 Kilometers

**2005 AUDI ALL-ROAD QUATTRO**

$23,995 — AWD Model

**2005 BUICK ALLURE**
LEATHER

$11,995 — $119 Bi-Weekly

**2005 CHEVROLET COBALT**
3 IN-STOCK

$7,995 — $79 Bi-Weekly

**2005 CHEVROLET OPTRA**

$7,995 — $79 Bi-Weekly

**2005 DODGE CARAVAN**
STO-'N-GO

$7,995 — $79 Bi-Weekly

**2005 DODGE DAKOTA**

$13,995 — 4X4 Model

**2005 DODGE RAM 1500**

$12,995 — $129 Bi-Weekly

**2005 FORD ESCAPE**
5 IN-STOCK

STARTING AT: $9,995 — AWD Model

**2005 FORD FOCUS**

$8,995 — $89 Bi-Weekly

**2005 FORD FREESTYLE**
3 IN-STOCK

$10,995 — $109 Bi-Weekly

**2005 PONTIAC G6**
2 IN-STOCK

$9,995 — $99 Bi-Weekly

**2005 NISSAN ALTIMA**

$11,995 — $119 Bi-Weekly

**2005 JEEP WRANGLER UNLIMITED**

$15,995 — $159 Bi-Weekly

**2008 DODGE AVENGER**

$13,995 — $139 Bi-Weekly

# OVER 150 VEHICLES IN STOCK

*We finance everyone...*

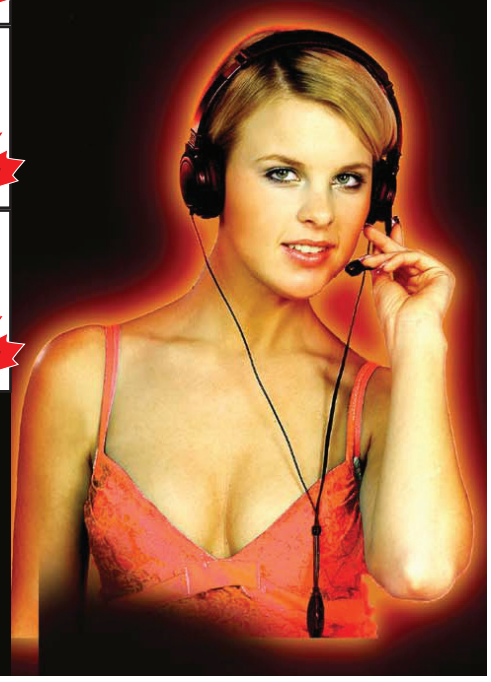
**NO Money Down**

**NO Payments for 6 Months***

*We can arrange monthly and bi-weekly payments to fit everyone's budget.*

*No credit application refused.*

***Westend Automotive has access to more lenders than anywhere else!***



## Call today! (613) 836-6786 • 1 877 290-9378

5872 Hazeldean Road, Ottawa

Select models up to 84 months financing, see details. OAC. Minimum downpayment may be required on select models.
Ex. $10,000 + taxes + $399admin. fee = $11,854.86 @ 7.9% x 60 months. COB is $2533.74. Interestrates vary from 5.9% to 29.9% OAC.